2024-25 STUDENT-ATHLETE HANDBOOK

Tulane University Athletics Department

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A LETTER FROM THE DIRECTOR OF ATHLETICS

Dear Tulane Student-Athlete:

Welcome to Tulane University. Everyone in the department is looking forward to a successful year, not only competitively, but academically and socially as well. The 130 members of the Green Wave athletic staff are committed to enabling your success in every endeavor.

Our Athletic Student Services team has put together this handbook to help familiarize you with the rules and regulations of the University, as well as the American Athletic Conference and the NCAA. Take a few minutes to review everything in this manual as it will provide great assistance to you throughout the year.

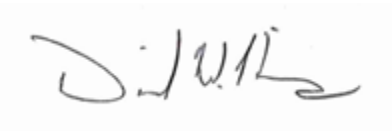
While each of our athletic teams set specific goals for competitive achievement as well as academic success, the department objective for every student-athlete throughout the department is consistent. We want our students in class, we want our students to graduate, we want our students to represent themselves, their program and our university in a positive manner at all times, and we want to provide an experience that will contribute to your success throughout life.

We will provide you with coaches and a support staff who are concerned about your personal development, your academic development, and your athletic development. We will provide facilities, equipment and resources that will help ensure our programs can be competitive with our peers. We will also provide academic advising and other resources that will help ensure the time commitment of intercollegiate athletics does not overshadow your primary purpose here at Tulane University: receiving a great education and earning your degree.

The athletic department has a staff representative that will directly oversee your sport. Hopefully, you will have a chance to meet this person early in the year. If you have concerns, ideas or challenges that call for help from the athletic department, never hesitate to contact this sport oversight person. Also, feel free to call me at any time at 504-865-5569 or send me an email at davidh@tulane.edu. Further, my door is always open should you just want to stop in and talk.

Our athletic department is driven by your success as a student and as an athlete. Please remember to enjoy the opportunity before you. Have a great year, and best of luck as you represent the Green Wave this season.

Roll Wave!



David Harris, Director of Athletics

TULANE UNIVERSITY MISSION STATEMENT

Tulane's purpose is to create, communicate and conserve knowledge in order to enrich the capacity of individuals, organizations, and communities to think, to learn and to act and lead with integrity and wisdom.

Tulane pursues this mission by cultivating an environment that focuses on learning and the generation of new knowledge; by expecting and rewarding teaching and research of extraordinarily high quality and impact; and by fostering community-building initiatives as well as scientific, cultural, and social understanding that integrate with and strengthen learning and research. This mission is pursued in the context of the unique qualities of our location in New Orleans and our continual aspiration to be a truly distinctive international university.

TULANE ATHLETICS MISSION STATEMENT

The mission of the Tulane University Department of Intercollegiate Athletics is to support the university's purpose of enriching the capacity to think, learn, act, and lead with integrity and wisdom. This is ensured by providing our student-athletes and staff with opportunities for competitive success and personal growth within the context of sportsmanship, teamwork, and integrity.

Toward this mission, we commit to the following principles:

- To recognize participation in athletics as an integral part of the educational process.
- To provide student-athletes and staff with the best possible facilities, services, and equipment.
- To promote the physical, intellectual, and emotional development of all student-athletes.
- To create an environment fostering the concepts of teamwork, scholarship, sportsmanship, leadership, loyalty, and integrity.
- To operate in a fiscally responsible manner, providing opportunities within the limitations of resources.
- To commit to diversity and the equitable and non-discriminatory treatment of all student-athletes and staff.

STUDENT-ATHLETE CODE OF CONDUCT

Student-athletes are Tulane University's most visible ambassadors. Therefore, they are expected to act in a manner that reflects positively upon the university, the Department of Athletics, their team, coaches, and family.

To this end, student-athletes must adhere to all rules set forth by their respective teams, the Department of Athletics, Tulane University, the American Athletic Conference, and the NCAA.

Failure to do so may result in indefinite or permanent suspension from your team and Tulane University. Scholarship student-athletes found in violation risk loss of all or part of their scholarship including but not limited to the cost of attendance stipend being revoked. It is the responsibility of the head coach for each sports program to impose the sanctions, which result from the violation of team rules. Sport administrators will review all team rules and regulations on an annual basis. The Tulane University Student-Athlete Code of Conduct supersedes all team regulations.

Student-athletes are required to disclose if they are arrested or otherwise charged with a criminal offense by any law enforcement agency. Student-athletes must report this information

to the head coach and sport administrator within 24 hours or they risk suspension from competition. This ruling is made at the discretion of the Director of Athletics.

STUDENT GUIDE ON POLICIES, PROCEDURES AND RESOURCES

The Tulane University Student Guide on Policies, Procedures and Resources can be accessed here.

The student guide contains policies, procedures and resources that are relevant to your success at Tulane. As Tulane students and members of the Tulane community, it is important for you to know that you are responsible for these policies.

The policies, procedures, and resource information outlined are not intended to be all-inclusive and are provided to you for your general guidance only. It does not constitute a contract, either expressed or implied, and the university can at any time add to, or modify any of the regulations or policies contained in the Student Guide.

Additionally, as a Tulane student-athlete you are responsible for the policies in this Student-Athlete Handbook. The current version of the student handbook can be found here on the Tulane Athletics website.

STUDENT SERVICES AREAS OBLIGATIONS

Staff members within the Tulane Athletics student services areas (Academics, Behavioral Health, Compliance, Nutrition, Sports Medicine, Student-Athlete Enhancement, and Strength and Conditioning) are responsible for reporting all incidents or Code of Conduct violations to the director of the specific service area.

Refusal of a student-athlete to comply with any departmental request or directive will result in automatic suspension from the specific service area.

The director of the service area must immediately notify the head coach, sport administrator, and Deputy Athletics Director for Student Services of the incident and/or suspension from the service area.

When a student-athlete is suspended from a service area, the head coach will meet with the Deputy Athletics Director for Student Services regarding the incident. If the student-athlete and head coach wish to appeal the suspension, the head coach must submit a request to appeal, including evidence to demonstrate the student-athlete's adherence to all levied sanctions.

Repeat occurrences will be deemed a Code of Conduct infraction and will be processed according to the sanctions outlined in the Student-Athlete Code of Conduct.

STUDENT-ATHLETE CODE OF CONDUCT VIOLATIONS

Student-athletes of Tulane University are expected to follow all rules and regulations set forth by the university administration. Being a student-athlete does not exempt you from the application of university rules and regulations. As members of the Tulane University student body, student-athletes are expected to follow the rules, regulations, and policies set forth by the various administrative authorities on campus. Additionally, student-athletes are expected to adhere to all university, local, state, and federal laws. Student-Athlete Code of Conduct violations fall into three categories: infractions, secondary offenses, and major offenses.

INFRACTIONS (THIS LIST IS NOT EXHAUSTIVE):

- Campus law enforcement matters
- Residence hall and dining establishment matters
- Inappropriate classroom behavior
- Failure to meet all academic and institutional obligations
- Failure to follow team rules
- Lack of respect for the personal and private property of others, including teammates, coaches, support personnel, opponents, officials, and spectators
- Lack of respect for faculty, staff, fellow students, and campus law enforcement
- Lack of respect for fellow student-athletes, coaches, support staff, and administrators

SECONDARY OFFENSES (THIS LIST IS NOT EXHAUSTIVE):

- Conviction or plea of guilty or no contest to a criminal law of the State of Louisiana or the United States that is classified as a misdemeanor
- A violation of a general university conduct regulation, as determined by the appropriate university official
- Knowingly giving false and/or misleading information to a university official
- Any violation of the Tulane University Code of Academic Conduct or Student Code of Conduct
- Any violation of NCAA Rules and/or Regulations
- Any violation of American Athletic Conference Policies
- Any violation of the Tulane Athletics Code of Conduct
- Physical Confrontation

MAJOR OFFENSES (THIS LIST IS NOT EXHAUSTIVE):

- Conviction or plea of guilty or no contest to a criminal law of the State of Louisiana or the United States that is classified as a felony
- Conviction or finding of responsibility of assault
- Two or more secondary offenses within one academic year (defined as the period from the first day of classes to the day before the start of the next academic year)

SANCTIONS

In addition to any sanctions rendered by the University, NCAA or other governing bodies, Tulane Athletics reserves the right to institute indefinite suspensions from practice and competition activities in any case where the action of the student-athlete is inconsistent with Tulane University's Student-Athlete Code of Conduct. All suspensions from competition will include any activity associated with the competition, including, but not limited to, travel per diem, lodging, and transportation to the competition. Understanding that no two cases are identical in nature, each case will be reviewed by the Director of Athletics and the head coach of the sport involved. Violations of the Intercollegiate Athletics Substance Abuse Program will be processed according to the provisions of the policy.

INFRACTIONS

1. The head coach and sport administrator will review infractions to determine the appropriate sanction.
2. Sanctions may include, but are not limited to, warning, reprimand, probation with or without conditions, requirements for restitution, conditions intended to encourage personal rehabilitation such as counseling and community service activities, conditions relating to

satisfactory academic performance, suspension from practice activities, and suspension from competition.
3. Sanctions will be imposed at the discretion of the Director of Athletics or designee.

SECONDARY OFFENSES

1. The Director of Athletics or designee shall determine the appropriate discipline in a case involving a secondary offense.
2. Sanctions for a secondary offense may include, but are not limited to, any one or more of the following: warning, reprimand, probation with or without conditions, requirements for restitution, conditions intended to encourage personal rehabilitation such as counseling and community service activities, conditions relating to satisfactory academic performance, suspension from practice activities, and suspension from competition.
3. A student-athlete with three or more secondary violations will face a suspension of no less than one year. Any additional violations will result in termination from the program and revocation of athletics scholarship.

MAJOR OFFENSES

1. In the event a student-athlete at Tulane University is formally charged by any law enforcement agency with a felony, the involved student-athlete will be placed on immediate suspension from the athletics program.
2. In the event a student-athlete has been determined by the Director of Athletics to be in violation of a major offense, the Director of Athletics shall prohibit the student-athlete from participation in practice, competition, and/or services provided by the department of intercollegiate athletics for a term of no less than 30 days. Additionally, in accordance with NCAA regulations, the Director of Athletics may revoke or modify the student-athlete's athletics financial aid.
3. A student-athlete with two major violations will be placed on a suspension of no less than one year. Any additional major violations will result in termination from the program and revocation of athletics scholarship.

APPEALS PROCESS

The Director of Athletics or designee will make disciplinary decisions involving a violation of the Student-Athlete Code of Conduct. Should a student-athlete wish to appeal any disciplinary action, they should contact the Director of Athletics. Appeals must be submitted in writing within 72 hours of the decision.

TULANE UNIVERSITY CODE OF ACADEMIC CONDUCT

This Code applies to all undergraduate students based in Newcomb-Tulane College (NTC), including students pursuing degrees in majors and programs housed within the School of Liberal Arts, the School of Science and Engineering, the School of Architecture, the School of Public Health and Tropical Medicine, the A.B. Freeman School of Business, and the School of Professional Advancement. Graduate and postbaccalaureate students are subject to their respective school's code of academic conduct policy.

The integrity of Newcomb-Tulane College is based on the absolute honesty of the entire community in all academic endeavors. As part of the Tulane University community, undergraduate students have certain responsibilities regarding work that form the basis for the evaluation of their academic achievement. Students are expected to be familiar with these responsibilities at all times. No member of the university community should tolerate any form of

academic dishonesty because the scholarly community of the university depends on the willingness of both instructors and students to uphold the Code of Academic Conduct. When a violation of the Code of Academic Conduct is observed it is the duty of every member of the academic community who has evidence of the violation to take action. Students should take steps to uphold the Code by reporting any suspected offense to the instructor or the Director of the Office of Academic Integrity. Students should under no circumstances tolerate any form of academic dishonesty. Students may report alleged violations directly to faculty members. Students may also report them anonymously through the "Report a Concern" portal maintained and monitored by the Office of Student Conduct.

In all work submitted for academic credit, students are expected to represent themselves honestly. The presence of a student's name on any work, including group papers or projects, submitted in completion of an academic assignment is considered to be an assurance that the work and ideas are the result of the student's own intellectual effort, stated in their own words, and produced independently, unless clear and explicit acknowledgment of the sources for the work and ideas is included (with the use of quotation marks when quoting someone else's words). This principle applies to papers, tests, homework assignments, artistic productions, laboratory reports, computer programs, and other assignments.

All new students should familiarize themselves with the NTC Code of Academic Conduct. Lack of familiarity with the code or with the precise application of its principles to any specific instance is not an excuse for noncompliance with it. Full text of the NTC Code of Academic Conduct can be found here.

INTERCOLLEGIATE ATHLETICS SUBSTANCE ABUSE PROGRAM

1. BASIC PROGRAM OBJECTIVES

1.1 Tulane University (the "University") believes that the abuse of controlled substances and performance-enhancing substances is detrimental to the health of a student- athlete, can compromise the health and safety of the student-athlete and other student-athletes during competition and practice, can interfere with academic performance, and compromises the integrity and spirit of intercollegiate athletics competition. Therefore, the University has adopted a Drug Education, Screening and Counseling Program (the "Program").The purposes of the Program are: (1) to help educate student-athletes as to the personal risks and dangers of drug use and abuse; (2) to detect and prevent the use of banned substances through a screening program based on periodic testing; (3) to assist in the rehabilitation of student-athletes using or abusing banned substances; and (4) in appropriate cases and in accordance with the Program, to remove from the University athletics programs student-athletes who are found to have violated the requirements of the Program.

1.2 The Program applies to all student-athletes currently on a Tulane University squad list. Accordingly, each student-athlete should read these requirements carefully and if the student-athlete is willing to abide by them, the student-athlete should sign the Consent and Authorization Form. Student-athletes not signing the document and not consenting to participation in the Program will not be permitted to participate in University intercollegiate athletics programs. If the student-athlete is under the age of 18, a parent or legal guardian must also sign the Consent and Authorization Form.

2. THE EDUCATIONAL PROGRAM

2.1 Each member of an intercollegiate athletics team at the University shall be required to participate in drug education programs on an annual basis and shall sign the Consent and

Authorization Form. Student-athletes with questions about supplements and whether they contain a banned substance can go to www.NCAA.org, The Resource Exchange Center and/or contact an Athletics Training staff member.

3. BANNED SUBSTANCES
3.1 Use of anabolic steroids, cocaine, marijuana, amphetamines, any other controlled substances proscribed by federal or state law, or those substances banned by the National Collegiate Athletics Association ("NCAA") by any member of any University intercollegiate athletics team is prohibited, regardless of whether such use occurs before, during or after the team's season. The only exceptions are for medications legally prescribed as described in Section 3.4 below. A list of substances banned by the NCAA is published each year in the NCAA Manual.

3.2 Other substances, which may be performance enhancing, are also prohibited even though they may be legally obtained at stores or through the mail. These prohibited substances include, but are not limited to, ephedrine, ephedra, ma huang, androstenedione, androstenediol and dehydroepiandrosterone (DHEA). It is the responsibility of the student-athlete to know the contents of all supplements and over-the-counter medications that they are consuming. Student-athletes may refer to www.NCAA.org,the Resource Exchange Center and/or contact an Athletics Training staff member.

3.3 Unauthorized use of banned substances constitutes an abuse of the privilege of representing the University in intercollegiate athletics competition. Such use may result in suspension or dismissal from an athletics team and may lead to further sanctions, including the loss of a student-athlete's scholarship, consistent with NCAA regulations.

3.4 If an otherwise banned substance is being used at the prescription of a physician, the student-athlete may continue to participate in athletics if: (1) with respect to possible risk to the health of the student-athlete, the student-athlete's attending physician certifies in writing that specified athletics activity may be safely undertaken and the student-athlete executes a prescribed waiver which relieves the University of any responsibility for illness or injury attributable to engaging in athletics activity while under the influence of the prescribed medication and (2) with respect to possible performance-enhancing effects, the athlete's attending physician, in consultation with the University medical and athletics authorities can, and does, implement a schedule of medication that precludes such performance-enhancing effects during times relevant to intercollegiate athletics competition.

4. SCREENING PROGRAM
4.1 The Deputy Athletic Director, Student Services administers the program, under the supervision of the Director of Athletics (or designee).

4.2 All student-athletes listed on the squad list are required to submit to any tests required by the University to reveal the use of any of the banned substances referenced above.

4.3 Such tests will be administered only after the student-athlete has signed an individual notification form which expressly identifies the specific test that they have been asked to undergo, as well as the specific time and specific date of the test.

4.4 The basic test to be used for drug screening is a urinalysis. However, other types of tests may be utilized from time to time to determine the presence of banned substances.

4.5 On the day of a test, a urine sample will be collected in a container provided by the collection agency. All specimens will be collected in a confidential manner and the containers will be sealed in such a way that any evidence of tampering can be detected. Chain of custody in specimen collection, preparation and handling shall be followed as prescribed by the collection agency. There will be a witness collection of the specimen. The urine sample will be identified by number code only and each student-athlete will verify that code number. A certified independent laboratory will analyze each specimen.

4.6 All test results will be reported directly to the Deputy Athletic Director, Student Services. The Deputy Athletic Director, Student Services will then share the results with the Director of Athletics (or designee), Director of Sports Medicine, sport administrator, head coach (or designee), and the Team Physician. In the event of a second or third positive test, the Deputy Athletic Director, Student Services will also notify the student-athlete's parents/legal guardians.

4.7.1 In order to ensure the confidentiality of the student-athlete, it is imperative that notification of positive results remain within the chain of reporting outlined in the policy. The student-athlete is free to discuss results with whom they choose. Test results shall be kept in a confidential file.

4.8 Licensed clinical laboratories will do the analysis of all specimens. If any specimen is positive, the laboratory will validate the result through a second test. Only if the results of both these tests are positive will the specimen be considered positive for purposes of the Program. A portion of each positive specimen will be saved in case the student-athlete challenges the results and wishes to have the specimen re-tested elsewhere at their own expense. The specimen shall remain the property of Tulane University.

4.9 Student-athletes who fail to comply with the Program, fail to sign the notification form, fail to arrive at the collection station at the designated time, fail to provide a urine sample according to the protocol, or alter the integrity or validity of the urine specimen will be treated as if there were a violation.

4.10 Testing based on urinalysis will be implemented as follows:

4.10.1 Announced pre-season testing. Student-athletes may be tested during the pre-participation physicals for their respective sport.

4.10.2 Unannounced random testing. All student-athletes may be subject to periodic unannounced random testing during the course of the academic year or summer school. Student-athletes selected for testing will be notified in writing. Student-athletes to be tested will be selected by a blind drawing of names from the team roster. The notification shall include the time and location of the test. The student-athlete must sign the notification form prior to the test.

4.10.3 Testing in response to individualized reasonable suspicion. Information reported to the Director of Athletics (or designee) indicating reasonable suspicion of banned substances shall require that the student-athlete submit to drug testing immediately or as soon as practical. Reasonable suspicion means a degree of knowledge that would induce a reasonable person under similar circumstances to believe that the student-athlete is involved in the abuse of a banned substance.

5. STUDENT-ATHLETE SEEKING ASSISTANCE
If a student-athlete voluntarily admits to the abuse of a banned substance, the university will consider such admission as a "student-athlete seeking assistance" and will take the student-

athlete's decision to volunteer such information into account when considering what action will be taken. A student-athlete that voluntarily admits must do so prior to being notified that they have been selected for random testing, pre-season testing or testing due to reasonable suspicion. A student-athlete may only exercise the option to seek assistance once during their athletic career at the University.

5.1 The Director of Athletics (or designee) will advise the student-athlete of a mandatory success plan. The mental health provider shall determine the length and manner of counseling in consultation with the Team Physician and the Deputy Athletic Director, Student Services.

5.2 The student-athlete will submit to urine testing on a schedule to be determined by the Director of Sports Medicine.

6. EFFECT OF POSITIVE RESULTS
The following sanctions will be those typically imposed by the University in the administration of the Program. The University reserves the right to act in what it believes to be the best interests of the student-athlete and the University, and the Director of Athletics may impose additional sanctions commensurate with the facts and circumstances.

If the student-athlete has admitted or tests positive for a substance, which, in the judgment of the Team Physician, exposes the student-athlete to a significant health risk, they will be immediately ineligible to practice or compete. The student-athlete will not be permitted to practice or play until 1) they have been medically evaluated by the Team Physician (or designee); and 2) has been approved to return by the Team Physician (or designee).

In all cases, non-compliance, or failure to appear at a mandated test shall be considered a positive test result. Failure to adhere to the success plan following self-admission of use shall be considered a positive test result.

6.1 FIRST VIOLATION
6.1.1 The Director of Athletics (or designee) and Deputy Athletic Director, Student Services will meet with the student-athlete to discuss test results and will advise the student-athlete of mandatory substance abuse counseling and the right of the student-athlete to request a hearing. The mental health provider shall determine the length and manner of counseling in consultation with the Team Physician and Director of Behavioral Health. The head coach (or designee) may be present in the initial meeting or will be notified of the outcome.

6.1.2 The student-athlete will submit to urine testing on a schedule to be determined by the Director of Sports Medicine or Team Physician.

6.2 SECOND VIOLATION
6.2.1 The Director of Athletics (or designee) and Deputy Athletic Director, Student Services will meet with the student-athlete to discuss test results, the intention to impose sanctions for the second violation, the nature of the sanction, reasons for the proposed action, and the right of the student-athlete to request a hearing. The head coach (or designee) may be present in the meeting or will be notified of the outcome.

6.2.2 The Director of Athletics (or designee) and Deputy Athletic Director, Student Services will advise the student-athlete of mandatory substance abuse counseling. The mental health provider shall determine the length and manner of counseling in consultation with the Team Physician and Director of Behavioral Health.

6.2.3 The student-athlete will submit to urine testing on a schedule to be determined by the Director of Sports Medicine or Team Physician.

6.2.4 A student-athlete will be suspended from participation in intercollegiate competition for a minimum of 10% of the season. Game suspensions will be rounded to the nearest whole number.

6.2.5 If less than 10% of the season remains, the suspension may be carried into the subsequent season.

6.2.6 The Director of Athletics (or designee) along with the athlete will notify the student-athlete's parents/legal guardian in writing of the known facts concerning the second violation and of the conditions imposed by the university in response thereto.

6.3 THIRD VIOLATION

6.3.1 The Director of Athletics (or designee) and Deputy Athletic Director, Student Services will meet with the student-athlete to discuss test results, the intention to impose sanctions for the Third Violation, the nature of the sanction, reasons for the proposed action, and the right of the student-athlete to request a hearing. The head coach (or designee) may be present in the meeting or will be notified of the outcome.

6.3.2 The athletics scholarship of the student may be canceled permanently. If cancelled, the student will not be eligible for renewal of any athletics scholarship and other existing scholarships may be subject to cancellation. The student-athlete will no longer be under the jurisdiction of the Athletics Department and is not eligible for any related services.

6.3.3 The Director of Athletics (or designee) along with the athlete will notify the student-athlete's parents/legal guardian in writing of the known facts concerning the Third Violation and of the conditions imposed by the university in response thereto.

6.3.4 A student whose eligibility has been canceled is encouraged to seek substance abuse counseling, which is available to students enrolled at Tulane, but such counseling will not be initiated or supervised by the Athletics Department since the student is no longer affiliated with the athletics program.

7. PROCEDURES FOR IMPOSING SANCTIONS

7.1 Written Notice. Before any sanction is imposed, the student-athlete will be given written notice by the Director of Athletics (or designee) regarding the nature of the sanction, the reasons for the proposed action and the right of the student-athlete to request a hearing on the proposed sanction before it is imposed. However, if the proposed sanction is based on a preliminary determination of the use of banned substances that may threaten the health or safety of the athlete or of other athletes, then athletics participation shall be discontinued immediately pending a medical determination as to the fitness of the athlete to resume participation in athletics activities. This determination shall be made as promptly as possible.

7.2 Requests for Hearing. A student-athlete may obtain a hearing by addressing a written request to the Director of Athletics. The written request must be delivered to the Director of Athletics within 72 hours after receiving the written notice of any sanction imposed. An appeals hearing will be conducted by an appeals board made up of a staff member, a student-athlete and chaired by the Faculty Athletics Representative. The hearing shall be convened within five

business days after it is requested. The student-athlete shall be suspended from competition pending the hearing and a final decision. The hearing shall not be public. The student-athlete may be accompanied by a person of their choice, who may observe but not participate in the hearing. Attorneys may not attend. The Athletics Department shall provide documentation of evidence leading to the decision and the sanctions. This information will be presented by the Director of Athletics (or designee). The student-athlete must be given an opportunity to question the evidence and to present witnesses and documents to refute the allegation of a violation. At the conclusion of the evidence, the Board will excuse the parties and deliberate. The determination must be based solely on the evidence presented at the hearing. Within two (2) business days after the conclusion of the hearing, the Board shall provide its written findings and recommendations to the Director of Athletics. The Director of Athletics shall make the final determination with respect to whether the violation occurred and if so, what sanctions will be imposed.

8. NOTIFICATION OF STAFF
8.1 Any sanctions that impact eligibility status will be reported to the compliance office and will be noted on eligibility reports as “Violations of Institutional Policy.” Additionally, sanctions resulting in community service requirements, academic requirements, and/or counseling requirements will be communicated as “Violations of Institutional Policy” to the appropriate staff members responsible for coordinating such activities.

9. GENERAL POLICIES
9.1 Conviction of a student-athlete for sale, purchase, transfer, or possession of drug charges shall result in immediate sanctions that may include dismissal from the team and immediate loss of eligibility and athletics scholarship.

NCAA DRUG SCREENING PROGRAM

All student-athletes are required to consent each year to random drug testing as required by the NCAA. Any questions regarding NCAA drug testing should be directed to the Mental health provider and/or the Director of Athletics. Refer to NCAA Banned Drugs below for a list of drugs included in the screening. (NCAA Bylaw 12.7.3)

The list of banned-drug classes is subject to change by the NCAA. The term “related compounds” comprises substances that are included in the class by their pharmacological action and/or chemical structure. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.

Nutritional Supplements are not strictly regulated and may contain substances banned by the NCAA. Refer to the list of banned-drug classes on the NCAA webpage listed above. Banned-drug classes include but are not limited to the following:

- Stimulants
- Anabolic agents
- Alcohol
- Diuretics and other masking agents
- Narcotics
- Peptide hormones, growth factors, related substances and mimetics
- Hormone and metabolic modulators
- Beta-2 agonists

Any substances chemically related to the above classes are also banned.

Student-athletes who receive a positive test result will be notified by the Deputy Athletic Director, Student Services. The Deputy Athletic Director, Student Services will also notify Director of Athletics, Associate Athletic Director, Compliance, Director of Sports Medicine, the head coach, sport administrator, and the student-athlete's parents and/or legal guardians.

FIRST NCAA DRUG PROGRAM VIOLATION
In addition to sanctions imposed by NCAA, the Director of Athletics (or designee) and Deputy Athletic Director, Student Services will meet with the student-athlete to discuss test results and will advise the student-athlete of mandatory substance abuse counseling. The mental health provider shall determine the length and manner of counseling in consultation with the Team Physician and Director of Behavioral Health. The head coach (or designee) may be present in the initial meeting or will be notified of the outcome.

Student-athletes who test positive for a banned substance, or who breach NCAA testing protocol requirements, are subject to loss of eligibility. These student-athletes may be subject to additional testing for all NCAA banned substances by the NCAA at any time.

SECOND NCAA DRUG PROGRAM VIOLATION
A student-athlete losing all remaining eligibility as a result of drug testing conducted by the NCAA shall be dismissed from the team and if on athletically related financial aid, will be removed from scholarship.

TULANE UNIVERSITY ALCOHOL AND OTHER DRUG POLICY

As a Tulane student you are responsible for adhering to the "Tulane University Alcohol and Other Drug Policy" in the Tulane Student Guide for Policies, Procedures and Resources, found here.

NUTRITIONAL SUPPLEMENT AND OVER-THE-COUNTER MEDICATION POLICY

Because many of the over the counter (OTC) medications and nutritional supplements may contain substances that are banned by the NCAA, you must first consult the director of sports nutrition, head athletics trainer, and/or a team physician before taking any ergogenic aid or over-the-counter medication.

ALCOHOL AND OTHER DRUG INTERVENTION POLICY

Intervention/assessment by the Behavioral Health staff will be required for any student-athlete involved in an incident while under the influence of alcohol and/or other abused substances (e.g., driving under the influence, public drunkenness/intoxication, and seeking hospitalization or other emergency medical attention as a result of, or related to, an intoxicated state) due to the potentially addictive nature of alcohol and the role it can play in substance abuse.

Intervention/assessment may continue for a non-specified time to be determined by the Behavioral Health staff. Testing for the presence of alcohol in the urine may be conducted as part of the regular urinalysis screening. All student-athletes are reminded that counseling is always available through the Student Health Center on a confidential basis.

As a Tulane student you are responsible for adhering to the "Tulane University Alcohol and Other Drug Policy" in the Tulane Student Guide for Policies, Procedures and Resources, found here.

UNIVERSITY MEDICAL AMNESTY PROGRAM

A student in need of medical attention will not be subject to student conduct charges for the following Code of Student Conduct violations:

1. Unauthorized use and/or possession of any controlled substance or illegal drug (III.D.4)
2. Use, possession, or distribution of alcoholic beverages in violation of the Tulane Alcohol Policy (III.D.7)

However, medical amnesty does not preclude students from the following:

1. Being charged with other violations of the Code of Student Conduct related to the incident (e.g., property damage, physical violence, disorderly conduct, or being in possession of false identification), or
2. Being required to meet with a Student Affairs professional and to complete the BASICS (Brief Alcohol Screening and Intervention for College Students) program and/or other appropriate administrative referral.

Failure to meet with a Student Affairs professional and/or complete the BASICS program or other appropriate administrative referral will not result in conduct charges. However, other penalties, including but not limited to fines, blocked registration, and/ or parental notification, will be levied until the student completes all requirements.

A student transported by EMS for alcohol or drug-related emergency will be required to meet with a Student Affairs professional and must complete the BASICS program and/or other appropriate administrative referral. There is an assessment fee for the BASICS program (which the student will be responsible for paying) and the student will have a required time frame by which to complete the program or referral. If additional follow up is required by the Student Affairs professional, the student must also complete those requirements in order to comply. In no case will these additional penalties result in a student conduct case for the student.

A student who is not transported by EMS will be required to meet with a Student Affairs professional and may be referred to the BASICS program.

There is no limit to the number of times a student can receive medical attention and be immune from the Code of Student Conduct violations mentioned above. Full amnesty provisions for Tulane Students can be found here.

FOR THE CALLER

A student who calls for medical assistance on behalf of someone else will not be subject to student conduct sanctions for the following Code of Student Conduct violations in relation to the incident:

- Unauthorized use and/or possession of any controlled substance or illegal drug (III.D.4)
- Use, possession, or distribution of alcoholic beverages in violation of the Tulane Alcohol Beverage Policy (III.D.7)

However, medical amnesty does not preclude the caller from being charged with other violations of the Code of Student Conduct related to the incident (e.g., property damage, physical violence, disorderly conduct, or being in possession of false identification). There is no limit to the number of times a student can call on behalf of someone else who needs medical attention and be immune from the Code of Student Conduct violations mentioned above.

FOR THE ORGANIZATION

A representative of a student organization hosting an event is expected to call for medical assistance in an alcohol or other drug-related emergency. In this circumstance, the organization hosting the event and the caller who called for medical assistance on behalf someone else will not be subject to student conduct charges for the following Code of Student Conduct violations in relation to the incident:

- Unauthorized use and/or possession of any controlled substance or illegal drug (III.D.4)
- Use, possession, or distribution of alcoholic beverages in violation of the Tulane Alcohol Beverage Policy (III.D.7)

However, medical amnesty does not preclude organization from the following:

1. Being charged with other violations of the Code of Student Conduct related to the incident (e.g., hosting an unregistered event, providing alcohol to a minor, hazing, etc.).
2. Being required to meet with a Student Affairs professional in regard to education about appropriate alcohol use and university policies.

Medical amnesty only applies to an organization if medical assistance is requested at the event. If a student leaves the event and medical assistance is rendered later, the organization does not qualify for medical amnesty and faces all possible student conduct charges. Brief Alcohol Screening and Intervention for College Students (BASICS) is a harm reduction approach to alcohol consumption that ultimately focuses on reducing the risky behaviors and harmful consequences associated with drinking alcohol. BASICS was specifically designed for college students 18 to 24 years old and is non-confrontational and non-judgmental. BASICS consists of two 50-minute sessions with a trained professional staff member. The first session, which takes place with a small group, will be an opportunity for the student to meet the BASICS facilitator and take an online assessment. Two weeks later the student will return to meet individually with the facilitator during which time they will discuss the results from the online assessment, examine their current alcohol use and have the opportunity to create personal goals for the future.

ACADEMIC SERVICES

The Don and Lora Peters Academic Center (PAC) provides holistic advising to Tulane student-athletes. The office reports to Newcomb-Tulane College Advising and is under the direction of the Director of Academic Advising for Student-Athletes. In addition, the office is responsible to the Athletics Department through the Deputy Athletic Director, Student Services. The staff includes seven full-time academic advisors and one full time learning specialist that works with all of Tulane's 17 sport programs. In addition, graduate assistants and/or interns may be hired to work with the academic advisors to provide academic support to the student-athletes.

The PAC hours of operations during the academic year are as follows:

Sunday	2:00 pm – 9:00 pm
Monday-Thursday	8:30 am – 9:00 pm
Friday	8:30 am – 5:00 pm

PAC MISSION STATEMENT

The mission of the Peters Academic Center (PAC) is to guide, support, and inspire student-athletes in their pursuit of excellence. We provide quality academic/life skills education and support for all student-athletes at Tulane. Additionally, PAC aims to promote student-athlete academic achievement, community responsibility, and personal accountability. In doing so, our department believes in preparing student-athletes for the vast array of opportunities that will be

presented in the future. Finally, PAC works to ensure that all student-athletes maintain NCAA continuing eligibility with regard to overall GPA, earned hours, and percentage of degree requirements.

- Developing sound academic attitudes and practices that will enable the student-athlete to be an autonomous, self-regulated learner, now and in the future; learning does not stop after graduation, and the PAC intends to guide our student-athletes onto a path of lifelong learning.
- Compliance with NCAA requirements
- Providing information and access to institutional support services
- Mentoring through professional relationships that promote integrity, responsibility, and healthy lifestyle through dialogue and example.

Philosophy:

The purpose of PAC is to offer academic and personal support for student-athletes. All programs and services are to enhance the experience of the student-athlete in the academic, athletic, and campus communities.

Don & Lora Peters Academic Center:

The Don & Lora Peters Academic Center is housed in the James W. Wilson Center. It is a cohesive educational facility where student-athletes work with tutors, educational assistants, their Academic Advisors, and the Student-Athlete Enhancement staff. The Don & Lora Peters Academic Center is home to all services for student-athletes, including quiet study, tutoring/life skills and a computer lab.

The PAC staff monitors activities in the James W. Wilson Center to ensure a clean, comfortable, and productive learning environment.

NCAA ACADEMIC ELIGIBILITY

The PAC and the Athletics Compliance Office monitor the academic progress of student-athletes in accordance with all NCAA rules and regulations, the American Athletic Conference requirements, and Tulane University requirements. The eligibility committee meets prior to every semester to review the eligibility of every student-athlete.

SCHOLAR-ATHLETE OF THE MONTH

One student-athlete from each team (and one from each football group) is recognized monthly as the Scholar-Athletes of the Month. Nominations are made by academic staff in collaboration with coaches to acknowledge student-athletes who have demonstrated outstanding academic achievements or making vast improvements in their academic pursuits.

TYLR 1000: TAYLOR YOUR TULANE

The focus for year one is a successful transition from high school to college. During the first year, student-athletes will enroll in the Fall Bridge Transition course, TYLR 1000: Taylor Your Tulane. This class will focus on growth mindset and providing the tools to support first-year student-athletes in their quest to design a fulfilling college experience. Such topics include, but are not limited to, healthy transition, majors and minor exploration, career development, academic and personal success, athletic identity, DEI, social media, mental health, and

leadership. TYLR 1000 is offered in collaboration with the Taylor Center and is grounded in the theory of Design Thinking.

TEAMWORKS

Teamworks is the interdepartmental communication platform where students can view a comprehensive schedule of their day including but not limited to classes, academic appointments, life skills events, etc. Department personnel will also use Teamworks to send mass emails and text messages. It is the student's responsibility to manage the appointments on their calendars and read their emails and reply when necessary.

TEAMWORKS ACADEMICS

Teamworks Academics is an arm of the Teamworks platform that allows the academic staff to schedule appointments for students to meet with advisors, tutors, and graduate assistants. Notes from each appointment will be recorded within this platform.

TUTORING AND EDUCATIONAL ASSISTANT (EA) PROGRAM

The primary goal of the PAC Tutoring Program is to provide student-athletes with academic assistance beyond what is received in the classroom and to promote student-athlete academic achievement by enabling students to become autonomous, self-sufficient learners. Through the use of tutors and educational assistants, the program strives to offer quality academic support for student-athletes while helping them build their academic skillset and reach their academic goals.

We offer individualized content tutoring that is based on skill mastery, facilitated learning, and study habits that extend beyond the classroom. To request a tutor, student-athletes should contact an academic advisor or the Tutor Coordinator. Group exam reviews can be scheduled for student-athlete groups of three or more students enrolled in the same section of the course. These sessions may be requested by the academic advisor or student-athlete. Group review sessions must be requested at least a week in advance. Student-athletes may also utilize the Academic Learning & Tutoring Center (ALTC) on campus. To view the ALTC's schedule or to make an appointment, visit here.

The EA Program is designed to provide student-athletes with additional academic support. Intervention begins in the student's first year during a time of critical transition and runs beyond their final term at Tulane. The program's proactive approach promotes success by building comprehensive academic profiles to assess needs before problems arise. From the beginning, each student's academic strengths and weaknesses are identified, and EAs help to appropriately strengthen their time management, organization, and study skills based on their learning style. These services and support are designed to facilitate the growth of each student-athlete into a confident and independent individual and learner.

Requests for tutoring or educational assistance can come from either a student-athlete or the student-athlete's academic advisor with sessions beginning the second week of each semester. Tutor and EA appointments are added throughout the semester based upon the needs of the student-athlete. Attendance for appointments is *mandatory*. Tutor and EA appointments may only be canceled with prior approval from the student-athlete's academic advisor and must be canceled at least 24 hours in advance. Failure to attend tutoring/educational assistance appointments will result in the following penalties:

a. Grace period:

I. 10-minute grace period for students and tutor.
II. Tutor will reach out to advisor after 10 minutes.
III. After 10 minutes it is considered a no-show.

b. Tutor Coordinator keeps a running list of all missed appointments per student.
c. Students can cancel tutoring appointments 24 hours in advance by contacting advisor.
d. Consequences for missing scheduled session:
    I. Miss #1
        i. Educational meeting with advisor to learn how to check calendar, plan ahead, and communicate.
    II. Miss #2
        i. Written reprimand from Director
        ii. Zoom sessions will be conducted in the Peters Academic Center
        iii. Meeting with Tutor Coordinator, Advisor, and member of coaching staff
    III. Miss #3 and Beyond
        i. Written reprimand from Director
        ii. Zoom sessions will be conducted in the Peters Academic Center
        iii. Meeting with Tutor Coordinator, Advisor, and member of coaching staff
        iv. $20 charge

STUDENT-ATHLETE RECOGNITION

Student-athletes are recognized for achievement in the classroom and community through a variety of awards from Tulane University, American Athletic Conference, National Association of Collegiate Athletic Directors, and the NCAA.

TULANE ATHLETICS 3.0 CLUB

The Tulane Athletics 3.0 Club honors student-athletes who earn a 3.0 or higher each semester. Recognition of fall achievements will occur during a basketball g game in the beginning of the subsequent spring semester. Student-athletes who earn a 3.0 or higher in the spring semester are recognized at a football game the next fall semester.

CHI ALPHA SIGMA

Chi Alpha Sigma is the only nonprofit honor society to recognize the efforts of collegiate student-athletes who excel both on and off the field of competition. Eligibility of recipients will be determined at the beginning of each spring semester and will only be given to seniors who are graduating that calendar year (spring, summer, fall). Recipients must have a 3.50 cumulative GPA after the previous term's grades have posted, be in good standing with the team/ athletic department, and receive endorsement from a coach, academic advisor, or Tulane's chapter advisor. Recipients will be recognized at a baseball game where they will receive honor cords and a certificate.

GRADUATION RECEPTION

Every spring term the Athletic Department honors all graduates who have earned their degree from Tulane or will complete their degrees the next summer or fall term. Students and their families are invited to this informal event to celebrate their academic success.

CLASS ATTENDANCE POLICY

Class attendance is mandatory for all student-athletes. Students are responsible for notifying professors about absences that result from travel and competition, serious illnesses, injuries, or critical personal problems. Travel letters are provided to student-athletes at the beginning of the

semester or as soon as possible. If a student-athlete is not participating in competition noted on a travel letter, they are expected to attend class. Any required out-of-class components (e.g., service learning) cannot be missed due to any athletic activity (e.g., practice, lift, team meeting etc.). An absence for a required out-of-class component will only be excused due to approved athletic travel and competition. Abuse of the travel letter will result in penalties from the athletic department and team.

Instructors indicate their class attendance policies on the course syllabus that is distributed at the beginning of the semester. All student-athletes are required to read and understand the policies as it relates to their attendance. Some academic departments have strict policies that will result in an automatic failure once the absence threshold is exceeded. Professors are authorized to lower the grades of students who are absent excessively without a satisfactory excuse or do not make up missed work because of absences in accordance with university policies. Class attendance will be monitored to ensure that student-athletes are going to class. Athletics academic advisors will follow up with student-athletes as necessary. Head coaches will be notified of unexcused class absences.

Per NCAA rules, no class time shall be missed at any time (e.g., regular academic term, summer term) for practice activities except when a team is traveling to an away-from-home contest and the practice is in conjunction with the contest.

The missed class policy falls within Newcomb-Tulane College and reads as follows: Student-athletes participating in an officially sanctioned, scheduled university athletic activity that requires out of town travel should be given the opportunity to make up class assignments or other graded assignments missed as a result of their participation and associated travel. Further, student-athletes' attendance grades shall not be penalized for missed course meetings resulting from such events.

It is the responsibility of the student to make arrangements with the instructor for making up the work prior to any missed scheduled examination or other missed assignment. In the process, student-athletes should be afforded the same substantive opportunity to make up missed work and examinations, and the faculty member will have discretion on the content, process, and timeline of such missed work.

COURSE REGISTRATION

Every student-athlete must meet with their athletic academic advisor to plan the courses that they will take during the upcoming semester. At certain benchmarks throughout the students' academic career, they will be required to meet with their assigned Newcomb-Tulane College or academic program advisor(s). Because student-athletes receive priority registration it is important that student-athletes register at their assigned time using Gibson, the university's online registration system, to ensure that they get the classes that are needed for their respective majors, at the times that fit around their practice and travel schedule, and if the option exists, they may enroll in a class with a preferred professor. Failure to pay any outstanding debts will result in a hold being placed on a student-athlete's record and will prevent a student-athlete from registering. All student-athletes have an "Athletics Registration" hold preventing alterations to course schedules that may jeopardize NCAA eligibility and financial aid. This hold can only be lifted by the academic staff and after consultation with the student's assigned athletic advisor.

SUMMER SCHOOL POLICY

Summer school athletic aid will be allocated from a central budget. Such funds are limited, and it is unlikely that all summer session requests will be approved. Requests will be considered based on the following "academic need" criteria:

- The student-athlete requires summer courses in order to meet the NCAA minimum satisfactory progress toward degree requirements.
- The student-athlete requires summer courses in order to be removed from academic probation.
- The student-athlete requires summer courses to maintain "normal progress towards a degree." This criterion will only apply to student-athletes who have completed their junior or senior year.
- The student-athlete is required to be enrolled in classes for required summer access activities.

Requests to attend a summer session must be submitted by the established deadline via the Summer Enrollment Request form in Teamworks. Requests that are not based on academic need (e.g., coach's request, voluntary activities, etc.) will not be considered until all academic need requests have been processed. Requests will be approved by the athletic academic advisor, Director of Academics, and Deputy Athletic Director, Student Services.

The Athletics Department will not pay for any student-athlete whose request has not been approved, nor will the department pay for courses dropped after the full-tuition refund period. In this instance, the student-athlete may be responsible for summer school expenses.

The following conditions may result in summer school aid being billed to a student-athlete's accounts receivable and/or loss of summer school aid in the future:

1. Discipline and/or Code of Conduct violations.
2. Code of Academic Conduct violations
3. Unexcused absences from class or Student-Athlete Enhancement summer programming.
4. Missed tutoring appointments.
5. Deliberate failure of a summer course.

STUDENT-ATHLETE LAPTOP POLICY

Tulane University Athletics is committed to providing the appropriate hardware solution for each full-time student-athlete. This policy addresses the need for student-athletes to have a laptop computer for educational purposes during their enrollment at the University. The decision to provide a laptop will be based upon departmental approval and available funding.

Initial full-time incoming student-athletes will be eligible for a laptop.

Responsibility

It is the responsibility of the student-athlete to take appropriate precautions to prevent damage to or loss/theft of laptop computers in their care. The student-athlete may be responsible for certain costs to repair or replace the computer if the damage or loss is due to negligence or intentional misconduct.

All student-athletes will be responsible for the regular backup of their data via the use of external drives, cloud storage or thumb drives. The University does not take responsibility for personal files kept on the laptop. Laptops distributed during 2024 or after have a program that

will push certain software updates as needed based on university policy. Students who received a laptop prior to 2024 are responsible for updating machines in their possession.

Tulane University Athletics Department owns any laptop issued through this program. Student-athletes have use of the laptop while they are enrolled at the university.

Tulane University Athletics may repossess the laptop at any time if the student-athlete:

1. renders themselves ineligible for competition;
2. is found to have been in violation of the Tulane University Code of Student Conduct;
3. is found to be in violation of the Tulane University Code of Academic Conduct;
4. voluntarily removes themselves from the team; or
5. submits a written notification of transfer;
6. commits a violation of team rules that were distributed or delivered by coaching staff; or
7. is removed from the team at the coach's discretion.

TECHNOLOGY RENTAL POLICY

In supporting the academic success of Tulane student-athletes, the Peter Academic Center permits the check-out of laptop computers, calculators, voice recorders, cameras, and clickers for course related usage in accordance with NCAA Bylaw 16.3. Students may request a rental via the Technology Rental form.

All individuals are to adhere to the following guidelines when checking out equipment:

- Technology check-out can only be approved by a designated PAC staff member.
- All rented technology must be used in a responsible and ethical manner.
- Student-athletes will be held responsible for the return of all technology, in good condition, along with all loaned accessories on or before the specified return date.
- Loss or damage to any equipment during checkout will be the financial responsibility of the student-athlete who signs his or her name on the check-out form.

Student-athletes are solely responsible for understanding and fulfilling the technology check-out policy. All equipment must be returned prior to the due date for inventory and maintenance purposes, or the student-athlete will be charged the specified replacement amount of the technology via their student account. All supplies must be returned in good condition at the end of each semester. Any damage or problems with any technology should be reported as soon as possible to the academic staff.

STUDENT-ATHLETE ENHANCEMENT

Tulane University's Student-Athlete Enhancement (SAE) department oversees the Tulane Athletics W.A.V.E. (Well-rounded Athletes Vying for Excellence) Student-Athlete Enhancement Program. This program is a fully comprehensive and engaging initiative focused on academic, personal, professional, and leadership development, community engagement, and equity efforts. Made up of both mandatory and optional programming, the SAE Department collaborates with several key offices and departments on campus that also champion holistic student success to oversee the holistic development of Tulane's student-athletes. Our primary goal is that once our student-athletes graduate, not only will they possess a degree from one of the top institutions in the country, but they will also have a better understanding of themselves and their future. The SAE department reports to the Athletics Compliance Office and is under the direction of the Associate Athletic Director for Student-Athlete Enhancement. The SAE department is made up of full-time staff members and graduate assistants.

The SAE department will oversee all programming initiatives in fall, spring, and summer sessions. Examples of SAE programming includes career development, DEIB workshops, financial literacy, sexual violence prevention, our freshman acclimation courses, summer career preparation, summer bridge program, civic engagement, SAAC, community service, Ben Weiner WAVE Cup Challenge, Fogelman Life Preparation Program, letterwinner engagement, and the athletics Study Abroad Program, etc. In partnership with the Compliance Department and Deputy Athletic Director for External Operations, the SAE department helps oversee Wave Brand Works – an NIL education program for Tulane student-athletes. The SAE department also assists the Behavioral Health staff with the execution of Powerful Minds, an American Athletic Conference mental health initiative. Additionally, SAE and Behavioral Health will work together to provide oversight to various student-athlete focus groups.

THE BEN WEINER W.A.V.E. CUP CHALLENGE

We aim to develop our student-athletes holistically and honor them through various awards such as the Ben Weiner WAVE Cup. This award comes from the generous support of Tulane Distinguished Alumnus, Larry Gordon who created an Academic Excellence Fund in Athletics in honor of Ben Weiner. The Ben Weiner WAVE “Well-Rounded Athletes Vying for Excellence” Cup Challenge allows our student-athletes to compete against one another to earn points for their team to earn the WAVE Cup Award and other prizes. Tulane Athletics has designed the Ben Weiner WAVE “Well-rounded Athletes Vying for Excellence” Cup Challenge as part of an overall focus on life skills. In total, these initiatives combine to provide our student-athletes with the best possible experiences to grow and learn outside of sport and be prepared for life after Tulane.

The WAVE Cup Challenge promotes the values of life skills development, including:

- Academics
- Athletics
- Career Development
- Personal Development
- Service Commitment
- Support and Comradery

Teams will submit proof of participating in a WAVE Cup-approved event and will receive points toward their team total. The challenge will be monitored by a member of the Academic Services Center for Student Athletes staff to verify approved events and accumulated points. Winning male and female teams receive the WAVE Cup Award, a commemorative t-shirt, and a celebratory dinner with the Athletics Director or designee and special guests.

STUDENT-ATHLETE ADVISORY COMMITTEE

The Student-Athlete Advisory Committee (SAAC) is a leadership committee to provide the student-athlete population with an opportunity to communicate more effectively with Athletic Administration and offer suggestions on programs designed to better serve their needs. The committee includes two representatives from each sports program who serve as liaisons to the Athletic Department, coaches, and administration. The committee also provides information to their teams from Administration throughout the year.

The purpose of the SAAC is to generate a student-athlete voice within the department by meeting bi-weekly to discuss current issues in intercollegiate athletics and evaluate and suggest improvements regarding departmental policy and procedures, soliciting student-athlete

responses to proposed NCAA legislation, creating a vehicle for student-athlete representation on campus-wide committees, plan community service projects and campus outreach programs, and assisting the Athletic Department in addressing the needs and concerns of student-athletes and student-athlete well-being.

Examples of SAAC programs include assisting in the planning of Green Globe Awards, Powerful Minds, Unity Week, and working on community service and outreach projects.

The Student-Athlete Enhancement Department provides administrative support to the Student-Athlete Advisory Committee.

END-OF-SEASON SURVEY

Student-athletes will receive an online survey at the conclusion of their respective season. The experience survey will provide student-athletes with the opportunity to give input regarding their experience as a Tulane student-athlete, specifically in the topic areas listed below.

The experience survey will remain confidential. When the results are summarized, only general comments will be used; the student-athlete's name will not be used. The student-athletes should be as honest as possible during this process to assist in improving the overall student-athlete experience. Once the data is collected via the survey instrument the results summary will be communicated to sport administrators, Faculty Athletics Representative, Director of Athletics, and head coaches.

EXPERIENCE SURVEY TOPICS

1. The institution's commitment to the academic success of its student-athletes (e.g., academic support services available, priority registration for classes, coaches' support).
2. The institution's commitment to opportunities for student-athletes to integrate into campus life.
3. The institution's efforts to measure the effectiveness of the institution's mechanisms to monitor time demands of its student-athletes (e.g., travel commitments, missed class time, final exam schedules, and summer vacation periods).
4. The institution's commitment to the physical, psychological, and emotional health (e.g., athletics training, nutrition, counseling) of student-athletes.
5. The institution's commitment to a safe and inclusive environment for all student-athletes.
6. The institution's commitment to diversity.
7. The value of student-athletes' athletics experience.
8. The opportunity for student-athletes to express concerns related to the administration of the sport(s) in which student-athletes participate.
9. Any other topic deemed necessary for that season.

HEALTH AND SAFETY

NCAA student-athletes deserve a safe and healthy college experience. Sports come with inherent risks, but through partnerships, education, and innovations we can provide student-athletes with the best possible environment for success. Through the Sport Science Institute, the NCAA is leading a national effort to partner with member schools, the Department of Defense, and the public sector to conduct research, promote policies and develop educational materials that benefit the safety, excellence, and wellness of all athletes. Information is available here.

ATHLETIC TRAINING ROOM POLICIES

The Director of Sports Medicine, team physicians, staff athletics trainers, and graduate assistant athletic trainers are to provide and administer the prevention, assessment, care, treatment, and rehabilitation of athletically related injuries for all intercollegiate athletes. We encourage student-athletes, coaches, and staff to ask questions if they are not clear on any issues surrounding the health and welfare of our student-athletes. To assure the optimal care for the student-athletes at Tulane, the following rules must be followed by all individuals utilizing Sports Medicine services:

- The athletic training room is a healthcare facility and should be treated as such.
    - Student-athletes must come dressed appropriately for treatment and/or rehabilitation; the athletic training room is not a place to dress and undress.
    - Shirts and shorts must always be worn unless otherwise instructed.
    - Shoes are not permitted on treatment/taping tables. Cleated shoes must be removed before entering the athletic training room.
    - After practices/strength and conditioning, student-athletes must shower prior to receiving treatment.
    - No tobacco products, food, or drinks, other than bottled water, will be allowed on treatment tables.
    - Personal belongings should be stored in locker rooms.
- The athletic training room will open approximately one hour prior to practices and approximately 30 minutes prior to strength and conditioning sessions.
- Student-athletes are expected to report to treatments on time. Failure to comply with this can result in the athletic trainer refusing treatment and coaches being notified.
- Any student-athlete with a new injury or illness must notify the Sports Medicine staff immediately. Athletic trainers will determine a specific report time.
    - Sick student-athletes must be evaluated by the Sports Medicine staff.
    - Sick student-athletes will only be excused from practice, workouts, or class time when instructed by the Sports Medicine staff.
- Student-athletes are not permitted to treat themselves or dictate their own treatment, including the use of athletic training room equipment without permission. All treatments are at the discretion of the athletic trainer.
- All return to play decisions will be made by an athletic trainer and/or the Tulane affiliated physicians. Outside clearance from a physician or other medical provider will not be accepted.
- Do not remove equipment or supplies from the athletic training room without the permission of an athletic trainer.
- Loud and obnoxious behavior will not be tolerated. Foul and/or offensive language is not permitted.
- Cell phones and other electronic devices are not allowed in the athletic training room without permission. Absolutely no FaceTime calls, Snapchat, or pictures/videos allowed. The use of headphones is required.
- Student-athletes will treat all athletic trainers with the utmost respect. This respect will then be returned in-kind to student-athletes.
- Any student-athlete not adhering to the rules and policies of the athletic training room may be asked to leave. Coaches will be notified of any student athlete who is not compliant.

DEPARTMENTAL RESPONSIBILITY

In accordance with NCAA rules, the Athletic Department will be responsible for medical treatment incurred by a student-athlete as a result of an athletically related injury or illness.

“Athletically related injury or illness” is defined as condition(s) which occur in an organized, supervised athletic practice or intercollegiate competition for which the athlete is representing the University. The NCAA has also extended allowable coverage to include drug rehabilitation expenses and counseling expenses related to mental health treatment and eating disorders. For all treatments and/or appointments, the student-athlete’s health insurance will be utilized for primary coverage and the Athletic Department will be responsible for secondary coverage.

The removal of tonsils, wisdom teeth, or appendix by surgical procedure are examples of medical procedures for which the Department of Athletics will not typically be responsible as participation in sports will not cause conditions such as these.

Decisions concerning the clearance of a student-athlete for athletic participation shall be the sole responsibility of the sports medicine staff and/or team physician(s). The Head Team Physician is the final authority regarding all medical eligibility.

PERSONAL RESPONSIBILITY

It is to be acknowledged that there are certain inherent risks involved in participation in intercollegiate athletics and the student-athlete is willing to assume responsibility for such risks. Any coach or staff member acting outside the guidelines of “The Athletic Training Room Policy” may assume personal responsibility for any cost incurred by the student-athlete and all liability associated with the condition.

ATHLETICS INSURANCE PROGRAM

Every Tulane University student is required to carry health insurance. It shall be the responsibility of the student-athlete to accept or decline the student insurance policy per university requirements. Tulane University’s Athletics Accident Insurance Program for student-athletes is an “excess” or “secondary” coverage. This simply means that any claim for benefits must first be filed with the student-athlete’s family group insurance. After the family group insurance, or “primary” insurance, has paid or denied the submitted claim, according to the “explanation of benefits” (“EOB”), Tulane University’s athletics insurance program will pay any remaining amounts up to the limits of the policy. The insurance program covers injuries sustained by a student-athlete only during official Tulane-supervised practice, travel and/or competition. After evaluation, the student-athlete may then be referred to a specialist in the local medical community. If a student-athlete wishes to seek other medical attention, prior written approval must be obtained from the sports medicine staff. Unapproved consultations or treatments are not covered under our secondary insurance program. Our secondary insurance program is an accident policy and thus does not cover the following:

- An injury sustained in an activity, which is not associated with a Tulane-supervised intercollegiate activity and/or competition (including but not limited to: intramurals, routine dental care, auto accident, dorm accidents).
- A chronic or recurrent injury, which was sustained prior to or outside of participation in athletics at Tulane University.
- Any sickness or illness that is not the direct result of athletics participation.

It is crucial that updated insurance information on each individual student-athlete’s primary insurance is maintained so the student-athlete’s primary insurance is filed first. This information will be obtained and updated before each new academic year. In order for a student-athlete to be covered under the Tulane insurance program, that year’s updated insurance information form must be returned and on file prior to a sustained injury. Also needed are any specific instructions, requirements, and/or limitations, which may be included within the primary

insurance policy. These could include, but are not limited to HMOs, PPOs, pre-certification notices, etc. A copy of the primary insurance card is required for processing of insurance by the provider. Any changes in the status of insurance coverage must be reported immediately to the Sports Medicine staff.

In the event that an athlete sustains an injury requiring a medical referral, the sports medicine staff will send the physician(s) the information regarding the student-athlete's primary insurance coverage. The parents should send the insurance company's resolution of claims (Explanation of Benefits) and all itemized bills as soon as they are received to the attention of Sports Medicine staff at Tulane University Athletics.

Tulane Athletics will then file a claim with our secondary insurance company, subject to its limitations and conditions, for payment of the remainder of the bill. Every attempt is made to ensure that the parents do not incur out-of-pocket expenses, but cooperation is necessary. If the current year's insurance information form is not on file prior to an injury, parents could be held responsible for payment of the bill.

The "Explanation of Benefits" (EOB) document explains, in detail, how much the insurance company paid on a particular bill. Some EOBs will indicate how much of the student-athlete's deductible has been met for the calendar year. Whether or not the student-athlete's insurance pays on a bill or denies it and applies it towards the deductible, an EOB and the itemized bill is needed for Tulane to be able to pay the remaining balance. The EOB and the itemized bill (preferably a HCF1500 or UB04 form) should be submitted by the parents and/or provider to Tulane University to ensure timely payment of all bills.

The Tulane University Department of Athletics does not assume any financial responsibility for any bills. The student-athlete and/or the student-athlete's family are ultimately responsible for payment pending the insurance company's decision. However, if the proper referral and insurance procedures mentioned above are followed, out-of-pocket expenses will not be incurred. Any payment made to the student-athlete or student- athletes' family by the primary insurance company for a claim filed for injury must be forwarded with the EOB to the Department of Athletics so that the remaining balance can be handled appropriately.

If the team physician, athletic trainer, or the Director of Sports Medicine certifies that an injured athlete has recovered sufficiently to reasonably permit him or her to compete, and that athlete nonetheless voluntarily withdraws from athletics, the obligation of the University to provide medical care is terminated and then enters the NCAA post-eligibility insurance program. If an injured athlete terminates athletics participation, or withdraws or graduates from the University, arrangements for provision of medical care must be made prior to withdrawal, graduation, or termination of athletics participation into the NCAA post-eligibility insurance program.

THE NCAA POST-ELIGIBILITY INSURANCE PROGRAM

The NCAA sponsors a Post-Eligibility Insurance Program that begins Aug. 1, 2024. The Post-Eligibility Insurance Program is a way the NCAA can support student-athletes beyond their playing days. The program was announced by the Board of Governors in August 2023 as part of the effort to modernize NCAA rules.

For up to two years (104 weeks) after student-athletes separate from school or voluntarily withdraw* from athletics, the program covers accident medical expenses for athletically related injuries sustained during participation in an NCAA qualifying intercollegiate sport, including

NCAA emerging sports. The program provides excess insurance coverage for properly documented covered injuries that occur on or after Aug. 1, 2024. The program is available to all student-athletes at all institutions in all divisions.

The coverage provides benefits in excess of any other valid and collectible insurance. The policy has a $90,000 excess limit per injury, with no deductible. Of the $90,000 available, up to $25,000 is available for mental health services related to an eligible, documented athletic injury.

Provided all eligibility criteria are met, the policy is triggered when a student-athlete's primary insurance coverage is exhausted or when primary insurance will not cover accident medical expenses covered under the post-eligibility program, subject to terms and conditions of the policy.

*Voluntarily withdraw means submission of a formal voluntary withdrawal form from the student-athlete with no intent to transfer to and resume intercollegiate sport/activities at another school.

ENROLLMENT

Student-athletes are automatically covered under the policy for those qualifying intercollegiate athletics injuries that meet both of the following conditions:

- Occur during the policy period (on or after Aug. 1, 2024).
- Are documented and on file with the institution's athletics department.

Student-athletes DO NOT need to opt in for coverage before an injury occurs. Those who transfer, are part- or full-time students, or are later deemed ineligible for NCAA competition would be covered under the policy, provided the eligibility criteria is met. International student-athletes also are covered under the program subject to the regulations of the athlete's country of origin.

Action is not required by the student-athlete unless the student-athlete needs to file a claim during the benefit period. Please visit www.posteligibilityinsurance.com for more information on filing a claim.

ELIGIBILITY CRITERIA

For student-athletes to be eligible for coverage under the policy, injuries must meet the below criteria:

- Injuries must be sustained during participation in a qualifying intercollegiate sport (including NCAA emerging sports) on or after Aug. 1, 2024. The policy DOES NOT cover injuries sustained while participating in club or intramural sports.
-
- Injuries must be reported and documented and filed with the athletics department of the school at which the student-athlete participated when the injury occurred.
-

BENEFIT PERIOD: TWO YEARS (104 WEEKS) AFTER SEPARATION FROM SCHOOL OR ATHLETICS

The consecutive two-year (104-week) benefit period begins as described below.

  - Undergraduate: The benefit period begins on the earlier of the following for a student-athlete injured while an undergraduate student: The date the student-

athlete is no longer enrolled in school, except in the instance that the student-athlete's athletics season extends beyond enrollment, in which case the benefit period begins when the athletic season ends.
    - The date the student-athlete elects to voluntarily withdraw.
    - Graduate: The benefit period begins on the earliest of the following for a student-athlete injured while a graduate student: The date the student-athlete is no longer enrolled in school, except in the instance that the student-athlete's athletics season extends beyond enrollment, in which case the benefit period begins when the athletics season ends.
    - The date the student-athlete's athletics eligibility expires.
    - The date the student-athlete elects to voluntarily withdraw.
    - Prospective Students: For a student-athlete injured while a prospective student, the benefit period begins on the date that the student-athlete is no longer enrolled as an undergraduate student.

The insurance industry standard for accidental injury coverage is for benefits to begin at the time of injury. The NCAA has developed a unique policy that applies when the student-athlete separates from school or voluntarily withdraws from athletics when other insurance coverage is not in place. Given the unique nature of the policy, uncertainty of losses and extended benefit period (upon separation from school or action to voluntarily withdraw as opposed to upon injury), 104 weeks was chosen to be the benefit period in line with the standard excess accidental injury policy benefit period and the benefit period that many member institutions choose when purchasing their excess accident student-athlete insurance coverage.

POST-ELIGIBILITY INSURANCE DETAILS

Carrier and Claims Adjuster

Mutual of Omaha Insurance Co. serves as the fronting carrier and claims adjuster for the post-eligibility insurance policy. Mutual of Omaha also coordinates the benefits of other insurance policies with the post-eligibility program, if applicable as part of the claims process.

How Claims Are Reported

Claims are reported to and managed by Mutual of Omaha Insurance Co. Information regarding the claim process can be found at www.posteligibilityinsurance.com.

Program Administrator

American Specialty Insurance & Risk Services serves as the program's administrator.

Financials

The policy's annual premium is $26 million, which is paid for by the NCAA. The annual premium payment is not expected to impact currently approved Association revenue distributions.

The policy has a $90,000 excess limit per injury, with no deductible. Of the $90,000 available, up to $25,000 is available for mental health services related to an injury.

Tulane Student Health Insurance (TSHIP)

The Tulane Athletic Department will cover Tulane-sponsored Student Health Insurance Plan (T-SHIP) premiums if a student-athlete athlete:

1. Receives a full scholarship and has athletics eligibility remaining;
2. Is an international student or Pell Grant recipient;

3. Has submitted an insurance waiver, which was subsequently denied; and
4. Submits a completed TSHIP Payment Request Form to the Compliance Office via Teamworks.

Exceptions to the above criteria may be made on a case-by-case basis with approval by the Athletic Director or sport administrator.

MEDICAL REFERRAL POLICY

All medical referrals and other treatments must be coordinated and approved in advance by the sports medicine staff and/or the team physician. The Tulane University Athletics Department will not be responsible for any costs associated with a student-athlete obtaining medical treatment without proper referral (except in a legitimate emergency). An insurance letter and Tulane University Sports Medicine medical referral should accompany the student-athlete to all appointments. This specifies to the student-athlete and to the provider if the student-athlete or the Athletics Department is financially responsible.

It is always the option of the student-athlete to obtain whatever health care they may feel comfortable with. If the student-athlete and/or their parents, guardian, or spouse prefer to seek other medical care for injury, illness, psychological, or psychiatric care, these guidelines shall apply:

1. The referral must be coordinated through the Sports Medicine Staff and/or Team Physicians.
2. An authorization for release of medical records is executed.

Before the athlete may return to practice and/or competition:

1. The Director of Sports Medicine and respective athletic trainer must receive written clearance from the attending health care provider.
2. The student-athlete has received medical clearance from the Director of Sports Medicine, or physician designated by the Director of Sports Medicine, to resume participation.

EMERGENCY TREATMENT

When the Athletic Training Room is closed and the student-athlete finds himself or herself in need of medical treatment, they should call the Athletic Trainer assigned to their sport or the Director for Sports Medicine. If a legitimate emergency should arise, the athlete should be taken, whenever possible, to a Tulane University Hospital. However, in an emergency the student-athlete should go to the closest appropriate facility as deemed necessary by EMS. The Tulane Head Physician should be notified as soon as possible so that they may follow the student-athlete's care. In emergency situations, costs may be approved afterward at the discretion of the Director for Sports Medicine. The Director of Sports Medicine should be notified as soon as possible of any student-athlete receiving emergency care.

STUDENT-ATHLETE RESPONSIBILITIES REGARDING MEDICAL CARE

It is the responsibility of the student-athlete that the following occur prior to any athletics activity:

- All medical history forms, including insurance forms, must be completed and submitted to Sports Medicine staff.
- Pre-Participation Physical administered by the Tulane Sports Medicine Staff and Team Physicians.
- A sickle cell trait blood test has been drawn.

- Concussion Management Plan is provided, an opportunity for education and questions is provided and the acknowledgement form is signed.
- Become acquainted with the Emergency Policies and Procedures for the venues that they will use.

Additionally, the student-athlete should know that they have a responsibility to understand the sports medicine policies and procedures related to the following:

- Nutritional Supplement Use
- Alternative Medicine
- Prescription Medicine
- Confidentiality

Finally, the student-athlete has a shared responsibility to ensure that the following is done on an annual basis:

- Annual Health Status Review
- Post Season Health Review

BEHAVIORAL HEALTH DEPARTMENT

MISSION STATEMENT

The mission of the Tulane Athletics Behavioral Health Department is to provide accessible clinical and case management services to the Tulane Athletic community. We adopt a comprehensive, ethical, and multisystemic approach to support students at various levels: individual, group, team, and throughout the student body. In addition to this support, we offer educational resources to our staff, department, university, and broader athletic community.

Our dedication is centered on implementing best practice modalities to treat, support, enhance, empower, and advocate for all Tulane Athletes, while embracing diversity in class, race, sexual orientation, gender, religion, and personal identification. We adhere to the highest educational and ethical standards, prioritizing the individuality of our Student-Athletes and assisting them in achieving their personal values and goals.

Tulane University, in collaboration with its athletics department and community partners, provides extensive resources to meet the mental health needs of our student athletes. This commitment aligns closely with the "Mental Health Best Practice Guidelines" established by the NCAA Sports Science Institute.

SERVICES OFFERED

Tulane Athletics Behavioral Health provides a range of resources aimed at enhancing and supporting the wellbeing of our student-athletes. Assessment and treatment services for mental health are exclusively provided by qualified and licensed mental health professionals. These practitioners adhere to rigorous standards of competence outlined by their Ethics Code and respective licensing boards.

In the Tulane University Athletics Department, the Athletics Behavioral Health Department specializes in collegiate mental health issues and optimizing sport performance. These clinicians work under the supervision of the Team Physician, maintaining their licensure and actively participating in continuous professional training and development to stay abreast of advancements in sports performance and mental health within athletics.

Services Provided by Tulane Athletics Behavioral Health:

Therapy
Case Management
Psychiatry
Support Groups
Psychoeducation & Mental Skills Training

These services are designed to enhance the mental wellbeing and performance of our student-athletes, reflecting our commitment to their holistic health and success. Furthermore, the Behavioral Health Department offers the following programming to every student-athlete during their tenure at Tulane University.

STUDENT ATHLETE CIRRICULUM

Mental Health First (MH 101- Freshman): The *Mental Health First* program strives to introduce accessible, pivotal, and introductory psychoeducational mental health content to our first year and incoming students. This curriculum highlights relevant statistics, warning signs, mental health experiences, and departmental, university, local and notational resources to best acclimate our students to their first year within Tulane Athletics. Students complete this course with a better understanding of mental health, and it can relate to their own personal experience and where to turn in times of need.

Mental Health and Leadership Academy (MH 201-Sophomores): The *Mental Health and Leadership Academy* provides students an opportunity to cultivate self-awareness, self-assessment, and self-advocacy as it relates to behavioral health. Sophomore student athletes are educated, challenged, and empowered to identify their own emotional wellness, unique needs, and avenues for resourcing and advocating for personal well-being. Our students graduate with increased self-awareness, self-assessment, and self-advocacy partnered with peer-awareness, peer-assessment, and peer-advocacy to advance the well-being of the Tulane Student-Athlete population.

Leadership: Mentorship to Management (MH 301- Juniors): The *Leadership: Mentorship to Management Program* promotes a connective experience for our third-year athletes to look at past experiences, and future opportunities and how they want to show up as mentors, managers, and leaders in their communities. This program invites our students to identify relevant emotions, experiences, and anchors that will guide the mentorship experience. Our students will graduate from this program with insight into their preferred mentorship and management style, what guides their experience and actions as leaders, and how their leadership style works with other team members.

Senior Transition Training (MH 401- Graduating Seniors & Graduate Students): The Tulane *Senior Transition Training* is an interactive, psychoeducational workshop to best prepare our athletes for eventual end-of-athletic-career-transition. This program is founded on the 6 principals in best practice for aid with athletic retirement: Identity, Grief, Brain Health and Mental Health Psychoeducation, Self-Care and Coping Strategies, Support Systems, and Practical Application and Termination. Our students graduate from this program with a thorough self-care and crisis plan grounded in practical application, psychoeducational theory, and guiding principles to enter their life after Tulane Athletics.

HOW TO ACCESS SERVICES:

Tulane Athletics Behavioral Health staff are easily accessible to student-athletes through departmental referral or self-referral via contact with the athletics case manager. Also, student-

athletes can seek services from the CAPS Counseling Center or community providers for specialized treatment.

Each academic year, all student athletes undergo a pre-participation mental health screening covering anxiety, sleep, nutrition, attention deficit/hyperactivity disorder, substance abuse, and other relevant factors. These screenings are confidentially reviewed by the Behavioral Health staff, who utilize the information responsibly. Student-athletes demonstrating significant symptoms or behaviors will receive outreach from the Behavioral Health staff and are encouraged to attend an initial intake appointment for support, psychoeducation, and an overview of available resources.

Student-athletes can initiate services without a referral by contacting the Behavioral Health Case Manager or any member of the Behavioral Health staff to schedule an intake session. During this session, students will be connected with appropriate services tailored to their individual needs.

Referrals can also be made by coaches, athletic trainers, academic advisors, professors, and other student-facing personnel by contacting the Behavioral Health staff.

In the event of a behavioral health crisis, student-athletes or concerned individuals can reach Tulane's Crisis Line, "The Line," at 504-264-6074. This line connects individuals with university-sanctioned crisis support services. For Crisis, Suicidal Threat, or Concern, please contact "The Line" at 504-264-6074.

STRENGTH AND CONDITIONING POLICIES

The following rules and regulations are to be followed by all users of the Wilson Center and Hertz Center. Violators are subject to suspension and/or termination of weight room privileges.

- Weight rooms are for use by current Tulane student athletes who have had a physical and have been cleared by compliance to participate in athletic activities.
- Former Tulane student athletes who are currently playing professional sports may access our facilities at times designated by their strength coach. Individuals must sign an assumption of risk waiver prior to use.
- All team training sessions will be scheduled by the strength and conditioning coach, who will also communicate the times that would be best if additional work is required outside of team sessions.
- Tulane issued attire must be worn during team training sessions unless approved by strength coach.
- If student-athletes are completing extra individual workouts, they may wear their own clothes, as long as they are Tulane and/or neutral colors including green, blue, gray, black, and white.
- Tennis shoes are required at all times unless approved by strength coach (no cleats).
- Please do not bring personal items to the weight-room (e.g., phones, wallets, purses, etc.).
- Please do not wear jewelry to training sessions.
- A strength coach must be present in the weight-room at all times.
- Out of respect to strength coaches, student-athletes are asked to stay out of the offices unless they are meeting with a coach. (Please knock if a meeting is in progress)
- In an effort to create a professional environment, please refrain from the use of derogatory language while in the weight room.

- Music that is played during training sessions must be controlled by members of the strength staff.
- This is your weight room. It is your responsibility to keep it clean and be part of creating a professional training environment.
- Collect and return all equipment used during training session.

NUTRITIONAL PROGRAM

The Tulane Athletics Department believes that nutrition plays a vital role in sports performance. In an effort to help student athletes achieve peak performance, two full-time sports dietitians are available for the student athletes. The nutrition department is available to answer nutrition related questions, meet for one-on-one nutrition counseling, provide team education sessions, conduct grocery store tours, provide supplements covered by the department and guidance on personal supplements, and assist in meal planning, and conduct body composition testing.

Tulane Athletics also has a Fuel Station located within the Green Wave Grille that provides snacks to help athletes meet pre and post practice/workout nutritional needs. The Nutrition Department oversees the Fuel Station and welcomes feedback and suggestions as they come about.

Body composition testing protocols will vary per team and be discussed with all individuals prior to any testing is done. The Nutrition Department will keep all access to records confidential, with data only being shared with written confirmation from the athlete. Reviewing results are on an individual basis that will be scheduled and disclosed on a case-to-case basis.

EQUIPMENT ROOM POLICIES

- The only equipment worn will be issued by the Equipment Manager.
- Permission must be granted for any and all exceptions.
- Issued lockers should be locked at all times. Items stolen from unlocked lockers will be the student-athlete's responsibility and will not be replaced. If your lock is lost or broken, please let someone from the equipment staff know so it can be fixed or replaced.
- Equipment and apparel will not be issued until the student-athlete has been cleared through the Compliance Office.
- The Director of Equipment Operations will monitor the clearance status of student-athletes and will issue apparel and equipment once the appropriate notification has been received.
- Athletes may keep all expendable equipment once issued but must return all non-expendable equipment (as determined by Director of Equipment Operations). Non-expendable items may be purchased through the athletics business office at a cost determined by the Director of Equipment Operations.

NCAA RULES AND COMPLIANCE ISSUES

Tulane University and the Tulane Athletics Department are responsible for following the rules and regulations set forth by the National Collegiate Athletics Association (NCAA). The NCAA mandates that every member institution shall be responsible for:

- Controlling its intercollegiate athletics program in compliance with NCAA rules and regulations.
- Monitoring its programs to ensure compliance, identifying and reporting to the NCAA instances in which compliance has not been achieved and taking appropriate corrective measures.

- Ensuring that members of the institution's staff, student-athletes, and other individuals or groups representing the institution's athletics interests comply with all applicable NCAA rules.

Should any student-athlete have specific questions regarding NCAA rules and regulations, they should contact the compliance office. It is important for student-athletes to ask before they engage in any behavior that may compromise eligibility including but not limited to academic fraud, association with agents, promotional activities, improper recruitment of prospective student-athletes, or extra benefits such as accepting anything of value from another person. Failure to do this may result in ineligibility for athletics competition.

OFFICIAL VISIT POLICY CONDUCT OF PSA AND STUDENT HOST

A. Student Host Training. The compliance office will conduct a host training session for student athletes each year. A student-athlete may not be a student host until they have completed this training.

B. Curfew and Unstructured Time. Each sport may establish its own policy with respect to curfew during an official visit, however all appropriate activities are permissible within a30-mile from campus radius. In the absence of a sport-specific policy regarding curfew, a senior athletics department administrator may establish or set a policy at any time.

Unstructured time during an official visit will be kept to a minimum. Coaches are expected to establish an itinerary, including activities designed to allow the PSA to experience as many aspects of the university as possible. Upon the completion of each day on the scheduled itinerary, the PSA should be escorted back to their room or hotel by a coach or student host. The PSA is never to be left alone during a visit.

C. Prohibited Activities. The following activities are strictly prohibited in connection with any official visit to the university by a PSA:

1. Contact with Boosters or Media. A PSA shall not have contact with a booster or member of the media. If an unplanned meeting occurs, only an exchange of greeting is permitted. PSAs may meet with former student-athletes on Tulane's campus.
2. Evaluation of Ability. A PSA may engage in recreational workout activities which are not organized or observed by members of the Athletics Department coaching staff, and are not designed to test the athletics ability of the PSA. No person shall report back to the coaching staff regarding any recreational workout activities. In basketball, an on-campus evaluation (OCE) may only take place if approved in advance by the compliance office.
3. Consumption of Alcohol. No student host, coach, athletics administrator, or other person involved in the conduct of an official visit shall consume alcohol in the presence of a PSA, provide alcohol to a PSA, or participate in any part of an official visit while under the influence of alcohol.
4. Use of Illegal or Illicit Drugs. No student host, coach, athletics administrator, or other person involved in the conduct of an official visit shall use illegal or illicit drugs in the presence of a PSA, provide illegal or illicit drugs to a PSA, or participate in any part of an official visit while under the influence of illegal or illicit drugs.
5. Use of Sex or Adult Entertainment. No student host, coach, athletics administrator, or other person involved in the conduct of an official visit shall engage in sexual behavior or procure adult entertainment (including without limitation, strippers, or exotic dancers) in the presence of a PSA, or provide sex or adult entertainment to a PSA.

6. Gambling/Gaming. No student host, coach, athletics administrator, or other person involved in the conduct of an official visit shall engage in any gambling activity in the presence of a PSA, or encourage any gambling activity by a PSA.
7. Violations of Law, Rule, Regulation or Policy. No student host, coach, athletics administrator, or other person involved in the conduct of an official visit shall engage in any violation of any federal, state, or local law, rule, or regulation, or any policy of the NCAA, the American Athletic Conference, or the University.
8. Student host may not provide the PSA with any Tulane gear or apparel to keep.

CONSEQUENCES OF VIOLATIONS OF THIS POLICY

A student host found to be in violation of this policy may be subject to disciplinary action applicable to all students, up to and including expulsion.

STUDENT-ATHLETE EMPLOYMENT POLICY

Each student-athlete should be aware that under NCAA legislation, they may only be paid for work actually performed and at a rate commensurate with the going rate in the local area for similar services. In addition, a student-athlete may not be paid or otherwise compensated for the value or utility that they may have for an employer because of the publicity, reputation, fame, or personal following that they have obtained because of their athletics ability.

Before a student-athlete begins employment, they must complete the Tulane Athletics Student-Athlete Employment Form, which requires acknowledgment from the employer and student-athlete. The Student-Athlete Employment Form is available in Teamworks.

NAME, IMAGE, AND LIKENESS POLICY

Participation in intercollegiate athletics should not infringe upon an intercollegiate athlete's ability to earn compensation for the athlete's name, image, or likeness. An intercollegiate athlete must have an equal opportunity to control and profit from the commercial use of the athlete's name, image, or likeness, and be protected from unauthorized appropriation and commercial exploitation of the athlete's right to publicity, including the athlete's name, image, or likeness. Student-athletes at Tulane University may earn compensation for the use of their name, image, or likeness under Louisiana law. Earning compensation will not affect the student-athlete's grant-in-aid or athletic eligibility. Compensation must be commensurate with the market value. NCAA prohibitions on pay-for-play and improper recruiting inducements remain in effect so NIL activities must not be based on a student-athlete's choice of school and must be for actual services rendered.

Student-athletes may not earn compensation for the use of their name, image, or likeness for the endorsement of tobacco, alcohol, illegal substances or activities, banned athletic substances, weapons, pornography, adult entertainment businesses, or any form of gambling (including sports wagering). Student-athletes may not earn compensation that violates Tulane University Code of Student Conduct policies, found here.

Student-athletes may not use Tulane University's facilities, uniforms, registered trademarks, products protected by copyright, or official logos, marks, colors, or other indicia in connection with the use of the student-athlete's name, image, or likeness without expressed written consent of Tulane Athletics.

For all Tulane University name, logo, uniform, and facilities use requests, student-athletes.

should contact the licensing department at trademrk@tulane.edu to discuss approvals prior to signing any contracts or displaying any Tulane names, logos, marks, uniforms, or facilities in their announcements publicly. Should student-athletes want to use Tulane's official name, logos, and marks on merchandise/apparel in connection with their name, image or likeness for giveaways/sale/retail, additional steps and requirements will be necessary through the licensing department.

Student-athletes must disclose each contract they enter into for compensation for the use of their name, image, or likeness to Tulane University Athletics Department. Disclosure must be made by the contract's first effective date or the first reasonable opportunity to disclose, whichever is earlier. Per Louisiana, state law the duration of a contract for representation of an intercollegiate athlete or compensation for the use of a student-athlete's name, image or likeness shall not extend beyond their participation in an athletic program at a postsecondary education institution.

USE OF ATHLETE-AGENTS

Student-athletes may retain the use of an athlete-agent in conjunction with compensation for the use of their name, image, or likeness. Athlete agents must be registered with, and in compliance with, Louisiana and federal law. Student-athletes may not enter into an agreement with an athlete-agent, either verbal or in writing, for the purposes of obtaining or negotiating a professional sports contract.

ATHLETIC DEPARTMENT EDUCATIONAL REQUIREMENTS

Tulane University Athletics will conduct educational programs related to the use of name, image, and likeness each academic year. The programs will include information regarding financial aid, debt management, budgeting, time management, and any other topics the department deems necessary.

AGENTS AND AMATEURISM

All student-athletes and agents are required by Louisiana law to notify higher education institutions if they enter into certain agreements. A student-athlete who is subject to the rules and regulations of the NCAA and who enters into an agent contract with an athletics agent, or a contract pursuant to which an athlete is employed as a professional athlete, must notify the Director of Athletics at Tulane that they entered into such a contract.

It is not permissible for an enrolled student-athlete to receive money or a benefit of any kind from a sports agent. Do not agree (in writing or verbally) to be represented by or receive money or a benefit of any kind from an agent.

Student-athletes who involve themselves with agents will be ineligible for participation in intercollegiate athletics.

An agent must notify the compliance office before they have contact with a student-athlete. Failure to notify the university may result in the agent being banned from campus.

EXTRA BENEFITS POLICY

An extra benefit is any special arrangement made by an institutional employee or a representative of the institution's athletics interest to provide a student-athlete or the student-athlete's relative or friend a benefit not expressly authorized by NCAA legislation. Receipt of a

benefit by student-athletes or their relatives or friends is not a violation of NCAA legislation if it is demonstrated that the same benefit is generally available to a university student or their relatives or friends or to a particular segment of the student body (i.e., foreign students, minority students) determined on a basis unrelated to athletics ability. (NCAA Bylaw 16.02.3)

Extra benefits may include:

- Use of cars
- Meals outside the home
- More than occasional family meals
- Gifts (material and monetary)
- Loan of money
- Discounted goods or services
- Signing or cosigning a note with an outside agency to arrange a loan
- Housing arrangements for families of student-athletes when they visit the campus
- Transportation (local and long distance)
- Entertainment

Student-athletes may not:

- Accept professional services (e.g., medical, dental, legal, etc.) at a reduced rate or at no charge
- Accept any gifts or cash from any individual other than family members or people with whom a preexisting relationship exists
- If approached by an individual or business about promoting a commercial product or service, it is important that student-athletes first contact the compliance office so as not to jeopardize athletics eligibility at Tulane University.

GAMBLING POLICY

Gambling is defined as putting something at risk, such as an entry fee, with the opportunity to win something in return. Student-athletes, coaches, and athletics department staff may not participate in gambling activities. These activities must be avoided, and involvement may result in a student-athlete being ruled permanently ineligible. Furthermore, severe disciplinary action may be taken against a student-athlete for participating in such activities.

Even though some states have legalized sports wagering, it is important to note that NCAA regulations still prohibit student-athletes from wagering on any sports that are sponsored by the NCAA. Sports wagering includes placing, accepting, or soliciting a wager (on a staff member's or student-athlete's own behalf or on the behalf of others) of any type with any individual or organization on any intercollegiate, amateur, or professional team or contest.

Per NCAA Bylaw 10.3, staff members and student-athletes shall not knowingly:

- Provide information to individuals involved in organized gambling activities concerning intercollegiate competition;
- Solicit a bet on any intercollegiate team;
- Accept a bet on any team representing the institution;
- Solicit or accept a bet on any intercollegiate competition for any item (e.g., cash, shirts, dinner etc.) that has tangible value; or
- Participate in any gambling activity that involves intercollegiate athletics or professional athletics, through a bookmaker, a parlay card, or any other method (e.g., fantasy leagues) employed by organized gambling.

TOBACCO POLICY

The Tulane Department of Athletics does not condone the use of tobacco. Tobacco use may result in a physical dependency on nicotine. The negative effects of tobacco use are well documented in high incidents of oral, lung and other forms of cancer. Smokeless tobacco is included in this policy.

The use of tobacco is prohibited in connection with any intercollegiate team function. A team function is defined as any activity that is held as a team, including meetings, practices, games, or informal workouts on or off the grounds of Tulane University. The Tulane University Department of Athletics also strongly encourages its student-athletes to abstain from tobacco use in their private lives.

NCAA legislation prohibits use of tobacco products during any practice or competition activities, per NCAA Bylaw 17.1.10.

PLAYING AND PRACTICE SEASONS REGULATIONS

COUNTABLE ATHLETICALLY RELATED ACTIVITIES

Competition	All competition and any associated athletically related activities on the day of competition shall count as three hours regardless of the actual duration of these activities. Practice or any other countable activity may not be conducted following competition.
Practice	Any meeting, activity or instruction involving sports-related information and having an athletics purpose, held for one or more student-athletes at the direction of, or supervised by, any member or members of an institution's coaching staff. Practice includes the following: • Field, floor, or on-court activity • Chalk Talk • Lecture on or discussion of strategy related to the sport • Setting up offensive or defensive alignment • Activities using equipment related to the sport • Discussions or review of game films, motion pictures or videotapes related to sport Class time shall not be missed for practice activities or game day activities not part of the official competition schedule except when a team is traveling to an away contest and the practice is in conjunction with the contest.
Weight Training	Any weight training or conditioning held at the direction of, supervised by, or required by an institutional staff member.
Meetings	Any meeting held by any member of the coaching staff regarding athletically related matters (e.g., chalk talks, lectures on strategy, films).
Individual Workout	Any individual workout required or supervised by a member of the coaching staff.

REQUIRED ATHLETICALLY RELATED ACTIVITIES

Required athletically related activities include any activities, including those that are countable in the daily and weekly limitations that are required of a student-athlete. These activities are not subject to weekly hour limitations but may not be conducted on a day off. Such activities include, but are not limited to, the following:

- Compliance meetings
- Organized team promotional activities
- Recruiting activities, including student-host duties
- Media activities
- Fundraising events
- Team community service events
- Team building activities
- Travel to and from away-from-home competition

HOURLY LIMITATIONS

During the Playing Season:

- Maximum: 4 hours per calendar day, 20 hours per week.
- Day Off: Mandatory 1 day off per week,
    - Exception: If a team participates in 3 contests or dates of competition in a 7-day period, student-athletes shall have two days off during either the preceding or following week.
- Competition: Equals 3 hours (regardless of length of competition), no practice allowed after competition.

Outside the Playing Season (During the Academic Year Only):

- Maximum: 8 hours per week. No more than four of the eight hours per week may be spent on individual skill related instruction.
- Day Off: Mandatory 2 days off per week.

Summer Conditioning Period:

- Football and basketball only.
- Maximum: 8 hours per week. No more than four of the eight hours per week may be spent on individual skill related instruction.
- Day Off: Mandatory 1 day off per week.

SUMMER ACTIVITIES

- Student-athletes participating in team sports (e.g., baseball, basketball, football, beach volleyball, volleyball) may not participate in any activities with coaches during the summer months. In basketball and football, student-athletes may engage in eight weeks of summer activity with coaches if they are enrolled in summer school or meet certain academic criteria.
- Student-athletes participating in individual sports (e.g., golf, tennis, track and field, swimming and diving) may work out with a Tulane coach during the summer months if the student-athlete initiates the request.
- Student-athletes participating in individual sports may accept prize money only during the summer months. All such prize money must be reported to the compliance office.

Summer Use of Weight Room Facilities: Student-athletes are permitted to use the weight room facilities during the summer during regular scheduled times posted by the weight room. All such conditioning activities are voluntary. Coaches may have expectations or goals for student-

athletes in the summer, but they may not require student-athletes to workout. You may not meet with your coaches to watch films or discuss athletically related topics.

Consult with the compliance office for sport specific exceptions to the playing and practice season regulations.

TIME MANAGEMENT PLAN

Prior to the start of each academic year, each team's sports administrator, coach, and SAAC representative(s) must meet to create their sport's time management policy for the year. Once the policy has been agreed upon, the signed document will be kept in the compliance office and in each team's Teamworks files.

All team time will be logged in Teamworks. This is the calendaring system used for all time management at Tulane. Schedules must be in prior to the agreed upon time management plan (most teams agree to the beginning of each week). Teamworks is also where all class schedules and travel plans are housed, as well as where all official department communication comes through.

Any changes must happen with at least 24 hours' notice in writing, however individual teams may agree to more notice in their plan. Exceptions to the 24-hour advance notification requirement may be made in cases of inclement weather, travel delays or other reasonable extenuating circumstances outside of the head coach's control. In these situations, the change must be approved by the Sport Administrator.

At the end of the academic year, the student-athlete exit survey will include a review of the time management adherence over the school year.

CIVIC ENGAGEMENT DAY POLICY

On the first Tuesday after the first Monday in November, each athletic team must provide a day-off from countable athletically related activities in recognition of Civic Engagement. Student-athletes must participate in a civic engagement program or opportunity, detailed in the next section, which will be provided by the Athletic Department. Given the confines of their schedules, in-season athletics teams may choose to recognize Civic Engagement Day within 15 days of the mandated date, however all other requirements still apply to whichever date they choose.

CIVIC ENGAGEMENT PROGRAMMING

Each year, the University's Athletic Department and each team will provide programming and opportunities for the student-athletes to engage in civic engagements. Civic engagement may involve, but is not limited to, voting, volunteering, and community service. The programming provided will be centered on the goal of providing dedicated time for student-athletes to become educated on and exercise their civic duties and responsibilities. Below is a list of categories of civic-engagement programming student-athletes may participate in:

A. Voter Education Programs: educational programming involving training or informational sessions which inform student-athletes on their rights, how to register to vote, the opportunity to register to vote, where polling places are located, and the dates and details on upcoming presidential, congressional, state or local election.
B. Voter Support Programs: opportunities to engage in the local community to educate on voting rights and assist others in the exercise of those rights. This may include, but is not

limited to, providing registration opportunities, spreading awareness on voting dates and other relevant information through canvassing or the like, or engage in poll support (e.g., monitoring voting cites to ensure the rights of voters are being protected).

C. Civic Service & Volunteering: opportunities for local enrichment which may include assisting or contributing to civic engagement groups, or city resource-providing organizations. This type of programming may also include projects for city improvement and enrichment. (e.g., clean-up efforts, housing relief efforts, disaster relief efforts, etc.).

Teams may provide civic engagement programming in addition to the Athletic Department. In such cases, teams should coordinate with the Student-Athlete Enhancement Office to ensure programming meets the intent of the policy.

ELIGIBILITY FOR PARTICIPATION

Undergraduate student-athletes must be admitted to the Newcomb-Tulane College as a full-time, degree-seeking student. Tulane University does not consider undergraduate students admitted to the School of Professional Advancement (SoPA) as full-time, degree seeking students. Undergraduate student-athletes must be enrolled in a minimum of twelve (12) credit hours to be eligible for practice and competition.

Graduate student-athletes must be admitted to their specific program as a full-time, degree seeking student per institutional policy. Graduate student-athletes must be enrolled in a minimum of nine (9) credit hours to be eligible for practice and competition.

Student-athletes in their final semester may be enrolled in less than full-time, provided they are enrolled in all remaining coursework for graduation and have approval from their academic advisor.

Any student-athlete who drops below the minimum required credit hours is not eligible for complimentary admissions to any Tulane events and may not receive gifts from tournaments or bowls.

Participation on a team and participation in a contest is up to the discretion of the head coach of that team.

ADDITIONAL REQUIREMENTS FOR COMPETITION

In addition to the requirements listed above, and to remain eligible for competition, student-athletes must meet certain benchmarks, per NCAA Bylaws. The general requirements are outlined below, but student-athletes are encouraged to consult their athletic academic advisor to determine if they are meeting them.

Each semester, student-athletes must earn at least six hours of degree-applicable credit. Football student-athletes must earn at least nine hours of degree-applicable credit during the fall semester. In addition, all student-athletes must earn at least eighteen (18) hours of degree-applicable credit during the fall and spring semesters.

Continuing student-athletes must earn the following credit hours:

- Entering second year – twenty-four (24) credit hours
- Entering third year – 40% of degree credit hour requirements
- Entering fourth year – 60% of degree credit hour requirements
- Entering fifth year – 80% of degree credit hour requirements

Student-athletes should consult with their athletic academic advisor to determine the required number of credits for their specific degree program.

Student-athletes must declare a degree by the start of their fifth full-time semester.

Lastly, student-athletes must maintain the required cumulative GPA to remain eligible for competition.

- Entering second year – minimum 1.8 cumulative GPA
- Entering third year – minimum 1.9 cumulative GPA
- Entering fourth & fifth year – minimum 2.0 cumulative GPA

Student-athletes will be certified for competition requirements before the first game of each semester. Baseball student-athletes must be certified as competition-eligible in the fall semester to compete in the spring semester.

RED SHIRT STATUS AND MEDICAL HARDSHIP

Every student-athlete is allowed five (5) years to complete four (4) seasons of athletics eligibility. A red shirt season is a season when a student-athlete does not participate in any intercollegiate competition.

A student-athlete can be red shirted at any point during their athletics career. A student-athlete will use a season of intercollegiate eligibility when they:

- Represents an institution in any contest against outside competition, regardless of how the competition is classified (e.g., scrimmage or exhibition). Competes in the uniform of an institution during an academic year, utilizes any apparel or equipment received from an institution for competition.
- Competes and receives expenses (e.g., meals, transportation, and room) from an institution for competition.

A student-athlete may be granted an additional year of competition by the AAC for reasons of "hardship". Hardship is defined as an incapacity resulting from an injury or illness that has occurred under the following conditions:

- The incapacitating injury or illness occurs in one of the four seasons of intercollegiate competition;
- The injury occurred in the first half of the team's playing season;
- The injury occurred when the student-athlete had not participated in more than 30 percent of the team's scheduled games; and
- The injury must have been severe enough that the student-athlete could not compete for the team for the rest of the season.

Hardship status must be certified by the Department of Athletics and the team physician and must be approved by the conference office. If a hardship waiver is approved, the student-athlete will be granted an extra year of eligibility in their sport.

ATHLETICS SCHOLARSHIP AND FINANCIAL AID PROCEDURES

Athletics scholarships may be awarded for a period of one year or over a period of several years, not to exceed the student's five-year period of eligibility. Athletics scholarships may be renewed annually at the discretion of each head coach. The scholarship amount is outlined in an award letter sent to each scholarship student-athlete. It is important to note that scholarship

amounts may increase or decrease on a yearly basis. Both increases and decreases in scholarship amount are decided by the head coach.

Athletics scholarships may include all or part of the following: tuition, university fees, room, board, books, and other expenses related to attendance at the institution up to the cost of attendance.

Certain fees are not part of an athletics scholarship. These include, but are not limited to, non-mandatory course-related fees, parking permits, parking tickets, library fines, computer account fees, I.D. cards, and any late fees that a student-athlete may incur. These fees are the student-athlete's responsibility.

RENEWAL OF ATHLETICS AID

If a head coach recommends that a student-athlete's aid be renewed, the head coach must submit written recommendation to the compliance office, subject to the approval of their sport administrator. The compliance office will send letters by July 1 to inform student-athletes that their aid has been renewed. Student-athletes must return a signed aid agreement to the compliance office in order to receive their athletics aid.

REDUCTION OR CANCELLATION OF ATHLETICS AID

If a head coach recommends that a student-athlete's aid be reduced or cancelled, the head coach must submit written recommendation to the compliance office, subject to the approval of their sport administrator. The compliance office will send letters by July 1 to inform student-athletes that their aid has been cancelled or reduced. Student-athletes will have the opportunity to appeal the decision to a financial aid appeals committee.

Cancellation or reduction of aid during the period of the award (i.e., during the academic year) due to a student-athlete's athletics performance or because of injury is not permitted. Aid may be cancelled or reduced during the period of the award only when a student-athlete renders himself or herself ineligible, violates Tulane University Student Conduct or Code of Academic Conduct, voluntarily withdrawing from the team, violating team rules or engaging in behavior that causes the disappearance of or damage to university property or outside property while on university business.

FINANCIAL AID APPEALS PROCEDURE

In accordance with NCAA Bylaw 15.3.2.3., the student-athlete has the right to request a hearing regarding the cancellation of their athletics grant-in-aid. To schedule a hearing, the student-athlete should direct a written request to the financial aid office no later than seven (7) days from the date of the notice. If requesting a hearing, the following information must be provided by the student-athlete:

- Student ID
- Year in school
- Sport
- Amount of prior year athletics grant-in-aid
- Reason(s) for appeal, including the names of institutional staff members (e.g., coach, financial aid officer) with whom the student-athlete has discussed the situation.
- Copies of any relevant documents (e.g., letter regarding initial award of athletics grant)
- Specific bylaw from the NCAA Division I Manual which the student-athlete believes has been violated (a copy of the manual is available for the student-athletes use either in the compliance office or online).

Once the student-athlete has provided this information, an appeals hearing will be scheduled and conducted in accordance with university policy and procedure.

OTHER TYPES OF FINANCIAL AID

Each student-athlete is encouraged to complete the FAFSA and CSS Profile to apply for university controlled financial aid through the financial aid office.

NCAA COST OF ATTENDANCE STIPEND

The NCAA has given member institutions the ability to issue a stipend to student athletes covering the gap between a traditional full grant in aid (tuition, fees, room, board, and books) and the institution's Federal Cost of Attendance number. This stipend is issued on a case-by-case basis and at the discretion of the athletic department. The procedure for distributing the cost of attendance stipend follows the policy for distribution of off-campus stipends.

POLICY FOR DISTRIBUTION OF OFF-CAMPUS STIPENDS

Student-athletes are required to obtain a direct deposit for off-campus stipends to be dispersed into their personal checking account. If they do not currently have a checking account, they are required to open a checking account. Student-athletes will be paid at the end of each month.

5TH YEAR ATHLETICS FINANCIAL AID

Those student-athletes who complete four (4) years of collegiate enrollment without exhausting their collegiate eligibility (e.g., only competed 3 or fewer years) are eligible for a fifth year of eligibility. Awards for 5th year athletically related financial aid are based on the head coach's recommendation.

Student-athletes who have 5th year eligibility remaining are not automatically awarded such aid. Student-athletes are strongly advised to follow a 4-year graduation track.

STUDENT ASSISTANCE FUND

The NCAA Student Assistance Fund is an NCAA supported program that distributes money to student-athletes to help them meet certain needs (e.g., family emergencies, international taxes, summer school, etc.) that are not covered by an athletics scholarship or other permissible source. Student-athletes must apply for the funds via the SAF Request Form in Teamworks.

Student-athletes must present a valid receipt from an acceptable service or product in order to be reimbursed from the fund. American Athletic Conference and Tulane Athletics maintain discretion for permissible uses and restrictions of the fund. The fund may not be used for capital improvements, salaries, financial aid during a regular term, stipends, and outside athletics development opportunities for student-athletes.

NOTIFICATION OF TRANSFER POLICY

Student athletes must submit a notification of transfer in writing to the Compliance Office or their coach. They may also submit a Notification of Transfer form via Teamworks. The student-athlete must complete an educational module related to transferring before the institution may enter the student-athlete's information into the national transfer database. If notification of transfer is provided during a specified transfer window period, the institution must enter the student athlete's information into the Transfer Database within two (2) business days of receipt of a written notification of transfer from the student-athlete or receipt of confirmation of the

student-athlete's completion of the educational module, whichever occurs later. Once the student athlete's name is in the database other schools are free to contact the student athlete.

1. BASIC PROGRAM OBJECTIVES
Tulane University believes that it is imperative that only student-athletes that are committed to the current and future success of their intercollegiate team be allowed access and use of the institution's athletic facilities. When a student-athlete submits in writing their intent to contact other universities regarding a possible transfer, the use of the university's athletic facilities from that point on will be restricted. The university provides weight room and other conditioning and athletic facilities to the general student population at the Reily Center that can be utilized moving forward.

2. BASIC EXCEPTIONS TO RESTRICTIONS
The only facility exceptions that will be made are training room/medical and academic services. If the student-athlete was receiving medical treatment for injuries sustained during participation while an active Tulane University student-athlete, that treatment will continue while enrolled at the university. To assist the student in maintaining good academic standing that helps the student facilitate a transfer, the use of academic support services may continue while enrolled at the university.

3. ATHLETICALLY RELATED FINANCIAL AID
NCAA Bylaw 15.3.5.1 states, "Institutional financial aid based in any degree on athletics ability may be reduced or canceled during the period of the award or reduced or not renewed for the following academic year or years of the student-athlete's five-year period of eligibility if the recipient: …

(d) Voluntarily (on their own initiative) withdraws from a sport at any time for personal reasons; however, the recipient's financial aid may not be awarded to another student-athlete in the academic term in which the aid is reduced or canceled. A student-athlete's request for written permission to contact another four-year collegiate institution regarding a possible transfer does not constitute a voluntary withdrawal…"

NOTIFICATION OF TRANSFER WINDOWS

Due to NCAA restrictions, the compliance office may only enter student-athlete information into the Transfer Database during the applicable sport transfer window, regardless of the date of notification.

The following are exceptions to the designated transfer windows:

a. **Head Coach Departure:** student-athletes whose head coach departs the institution have 30 calendar days to enter the transfer database.
b. **Athletic Aid Reduction, Cancellation, or Nonrenewal:** student-athletes who receive a letter notifying them of reduction, cancelation, or nonrenewal of their athletics aid have 30 calendar days to enter the transfer database.
c. **Postgraduate Student-Athletes:** student-athletes who will participate as a postgraduate student at another institution following the next regular academic term or academic year) may initiate the notification of transfer process at any time between October 1 and the end of the final window for their applicable sport.

If a student-athlete has not matriculated at another institution for the subsequent academic year, the compliance office is obligated by rule to remove the student-athlete's information from the

transfer database. The compliance office will notify the student in writing with additional instructions to request re-entry into the transfer database during the next available opportunity.

DEGREE COMPLETION PROGRAM

The Tulane Athletics Department is committed to helping every student-athlete graduate in a timely manner. Athletes sometimes require 4½ or 5 years to meet degree requirements due to a variety of circumstances. To address this need, the athletics department has established a special fund to help defray the costs associated with completion of an undergraduate degree after exhaustion of eligibility or medical disqualification.

Degree completion aid is for the sole purpose of finishing one undergraduate degree and cannot be used to complete a double major, an additional minor, or a 4+1 bachelor's and master's degree program.

The decision to award post-eligibility financial aid will be based on the following factors:

1. Evidence of reasonable and consistent, progress toward a degree.
2. Cumulative GPA and total number of hours earned;
3. Requirements for completion of the degree; and
4. Recommendation of the head coach (or designee).

Degree completion aid may be awarded in an amount that is comparable to the student-athlete's current athletics aid award. Tulane Athletics Department will provide at least tuition, fees, and books to student-athletes who meet the criteria of NCAA Bylaw 15.01.5.2.1.

APPLICATION

The student-athlete must submit a Degree Completion Application to the Deputy Athletics Director, Student Services by the designated deadline. Obtaining the information required to complete the application is the responsibility of the student-athlete.

ACADEMIC PROGRESS

If the student-athlete needs multiple terms to complete their degree, their financial aid may be renewed provided they are in good standing. Good standing means the student-athlete meets NCAA progress toward degree requirements, Tulane University quality of work, and remains in good standing with the university.

The following conditions can result in removal from the degree completion program:

1. Any violation of Tulane University's Code of Student Conduct or Code of Academic Conduct;
2. Receiving a D or F in a class;
3. Any change in degree, withdrawal from class, or change in written degree plan without prior approval;
4. Submission of notification of transfer; or
5. Engaging in behavior that causes the disappearance of or damage to university property or outside property while on university business.

COMMUNITY SERVICE REQUIREMENT

Degree completion students are required to develop a community service plan during the semester(s) they receive athletics aid. The plan should address a social problem, issue, or concern that the student wishes to address while completing their degree program. The plan

should contain a written statement that describes the specific activity, explains how the plan will address the social problem, issue, or concern, and the total targeted service hours per semester. The student must submit their plan to the Deputy Athletics Director, Student Services along with the Degree Completion Application.

Students may find resources on the Center for Public Service website.

Completed service hours must be turned into the Deputy Athletics Director, Student Services at the conclusion of each semester. Service hours must be verified by the community partner listed in the approved plan.

SERVICES AVAILABLE

Degree completion students who are in good standing with the degree completion program requirements will have access to the following resources. Additional or alternative resources may be made available to the student with prior approval from the Deputy Athletic Director, Student Services. If at any time a degree completion student fails to be in good standing, these resources may be revoked.

Students may access the resources in the Don and Lora Peters Academic Center as well as any tutors and advising appointments needed for academic success. More details surrounding available resources can be found in the Academic Services section of this handbook.

Students may access medical, behavioral health, and sports medicine services through the Sports Medicine and Behavioral Health staff. More details surrounding available resources and policies can be found in the applicable sections of this handbook.

Students will not have access to the Slatten Family Strength Center, Hertz Center weight room, team locker rooms, or any other Tulane Athletics practice facility. Students may access the Reily Center for personal workouts.

PROFESSIONAL DEGREE COMPLETION

The professional degree completion program is also designed to offer aid to student-athletes who leave Tulane University to play professionally and wish to return to complete their undergraduate degree. Athletics aid cannot be used to complete a double major and/or an additional minor, or the completion of graduate degrees or coursework.

Athletics aid may be offered in any amount up to tuition, fees, and books. It is the responsibility of the student-athlete to make their own housing arrangements. The financial award will be based on the level of aid the student-athlete received during their final year of eligibility. Tulane Athletics Department will provide at least tuition, fees, and books to student-athletes who meet the criteria of NCAA Bylaw 15.01.5.2.1.

ELIGIBILITY FOR PROFESSIONAL DEGREE COMPLETION PROGRAM

1. Student-athlete must have left Tulane in pursuit of a career in professional athletics;
2. Student-athlete must have left Tulane in good academic standing;
3. Student-athlete must be within 36 credit hours of graduating; and
4. Student-athlete must first seek financial tuition assistance from their respective professional team and/or league.

APPLICATION
The student-athlete must submit a Professional Degree Completion Application to the Deputy Athletics Director, Student Services by the designated deadline. Obtaining the information required to complete the application is the responsibility of the student-athlete.

SERVICES AVAILABLE
Professional degree completion students who are in good standing with the degree completion program requirements will have access to the Don and Lora Peters Academic Center as well as any tutors and advising appointments needed for academic success. More details surrounding available resources can be found in the Academic Services section of this handbook.

Additional or alternative resources may be made available to the student with prior approval from the Deputy Athletic Director, Student Services.

STUDENT-ATHLETE EXIT POLICY
The Tulane University Athletic Department strives to provide a smooth transition to student-athletes once they conclude their athletic experience. Whether graduation, transfer, voluntary exit, medical disqualification or exhaustion of eligibility, student-athletes should follow the outlined exit process to ensure all athletic department affairs are in order prior to their departure from athletics and/or the university.

A student-athlete may discontinue sport participation at Tulane University for one of the following reasons:

Medical disqualification. The student-athlete is permanently unable to participate in intercollegiate athletics due to injury or illness
Exhaustion of eligibility. The student-athlete has completed the maximum years o athletic eligibility for participation in their sport
Voluntary withdrawal. The student-athlete voluntarily removes themselves from participation in collegiate athletics at Tulane University
Transfer. The student-athlete has elected to complete their remaining student-athlete eligibility at a different academic institution

Qualifying student-athletes may continue to receive athletic department aid at the conclusion of the exit process for special circumstances. The Tulane Athletics Department offers a Degree Completion Program which helps defray costs associated with the completion of a first baccalaureate degree after exhaustion of eligibility or medical disqualification. Student-athletes that graduate, transfer, or voluntarily exit from the athletic department will *not* receive athletic department aid after completing the exit process.

EXIT FORM PROCESS
The exit process begins once the Tulane Athletics compliance office receives a roster deletion notification from the applicable coaching staff. The compliance office will then assign a Student-Athlete Exit form to the student-athlete via Teamworks. Workflows and applicable meetings should be completed in a timely manner.

A transcript hold will be placed on the student's account while the Student-Athlete Exit form is pending. Once the form is complete, the Deputy Athletic Director, Student Services will remove the transcript hold.

SUPPORT SERVICES UPON EXIT

Student-athletes that remain on athletic aid after their sport participation concludes may continue to access athletic department support services if they also meet degree completion program requirements. These support services may include sports medicine, behavioral health, strength and conditioning, and academic resources. Information regarding available resources from each area can be found throughout this handbook. Coordination of resources will be at the discretion of department directors.

Student-athletes exiting without athletic aid will need to access alternative campus resources provided through Tulane University. Information regarding available resources from each area can be found on the University's website.

HOUSING AND MEAL PLANS ON-CAMPUS HOUSING PROCEDURES

All student-athletes living on-campus will reside in a housing unit supervised by the Tulane University Division of Housing and Residence Life. All residents must obey the policies, rules and regulations established by the Division of Housing. Failure to follow these rules may result in disciplinary action by the university.

Student-athletes are financially responsible for any fines or late payment charges that may be assessed to them for missing deadlines and lost keys. The Athletics Department will not intervene on behalf of a student-athlete in dealing with these matters. Student-athletes presently living on campus will receive a housing lottery form on which they must indicate whether or not they plan to live on campus for the upcoming academic year.

Student-athletes must complete this form and return it to Housing and Residence Life before the designated deadline.

Student-athletes paying for their own room will need to follow the directions given by the Division of Housing. All housing contracts are binding one-year agreements between the Division of Housing and Residence Life and the student-athlete. Any cancellation charges, late fees or petition charges will be the responsibility of the student-athlete.

OFF-CAMPUS HOUSING PROCEDURES

Student-athletes who have fulfilled the University's residency requirements, or have received a waiver of such requirements, may live off-campus once they have completed the department's move-off process.

Student-Athletes must complete the following by the designated deadline each year:

a. Attend a housing education session, consisting of tools to navigate securing off-campus housing, budgeting, roommate conflict resolution, etc.
b. Complete the Request to Move Off Campus form in Teamworks, which will be approved by their head coach and sport administrator.

Incoming transfer students are not required to fulfill the University residency requirement and do not need to complete the department's process.

OFF-CAMPUS ROOM AND BOARD STIPENDS

Scholarship student-athletes who are approved to live off-campus will receive a room and board stipend between August and April of each academic year (9 checks total). Stipend amounts are

determined based on cost of room and board set by the university financial aid office as well as individual scholarship amount.

Room and board stipends are distributed via electronic funds transfer and will post to the student-athlete's account. Direct deposit must be set up with the university on the Gibson portal billing page in order to receive the stipend electronically.

MEAL PLANS

Tulane University requires that all first- and second-year students participate in a dining plan for the entire academic year. All first-year students living in university residence halls are required to take a designated first-year dining plan. All second-year students living in university residence halls are required to enroll in a designated second-year dining plan. All first and second year off-campus students are required to take, at minimum, the Commuter dining plan.

TICKET OFFICE POLICIES

STUDENT-ATHLETE ADMISSION AS A SPECTATOR

Student-athletes wishing to attend an athletics event (outside of their sport) should follow the procedures below.

All Tulane students are admitted at no charge to all on-campus athletics contests upon presentation of a valid student ID at the entry gate(s). Please contact the Tulane Athletics Ticket Office (located in the James W. Wilson Jr. Center) or call (504) 861-WAVE (9283) for other ticket information.

STUDENT-ATHLETE AS A PARTICIPANT

Rostered student-athletes of all ticketed sports (football, men's and women's basketball, volleyball, and baseball) may provide complimentary admission for their guests via the Event Tickets tab in Teamworks. Student-athletes are allowed up to four (4) complimentary admissions in the sport in which they participate (either practices or competes) for each home contest. Complimentary admissions for away contests will be based on the away contest contract and are at the discretion of the Director of Athletics.

Ticket Office or Compliance Office staff will meet with each team before the start of their athletics season to discuss the policy and procedures regarding player-guest registration. Please contact the Tulane Athletics Ticket Office at (504)-861-WAVE (9283) with any questions.

STRATEGIC COMMUNICATIONS

Tulane student-athletes are the center of attention on many occasions. Consequently, student-athletes have a responsibility to their teammates, coaches, and the university community to meet with the media, alumni, and the public. The media gives the athletics program an opportunity to showcase yourself, your teammates, and Tulane University in a positive way. Interaction with the media and the public is also part of your educational process. At some point in your life, you are going to need to learn how to interview and by participating in media opportunities you will be able to grow as person. Capitalizing on these opportunities can have a positive effect not only on your career as a student-athlete at Tulane, but also on the rest of your life.

GUIDELINES FOR WORKING WITH THE MEDIA

The Tulane University Athletics Department has established an excellent relationship with the media. Follow these simple guidelines and you will begin developing good media relationships:

- Be available to answer questions, but remember, you do not have to answer every question that is asked of you.
- Always respect your teammates, coaches, fans, opponents, and game officials. Even though you may be tempted, do not say anything negative about others. If you cannot say something nice about someone, do not say anything at all.
- Arrive on time for scheduled interviews. Always return phone calls arranged by the Strategic Communications Office at the appropriate and designated time.
- Never agree to a telephone or personal interview that has not been coordinated by the Strategic Communications Office. If a member of the media calls you, instruct them to contact the Strategic Communications Office to arrange an interview time.
- Do NOT give out your parent's phone numbers to a member of the media.
- "No Comment" is an acceptable answer to a question that you do not feel comfortable answering a question, but only as a last resort.
- Remember that nothing is "off the record." Also remember that a member the media can quote you in a story based on a social media post, so be careful what you say and how you say it.
- Make eye contact and exhibit good posture during interviews. Do not slouch, look down or mumble. Dress in Tulane apparent and remove sunglasses.
- If you feel concerned about the tone or type of questions or feel uncomfortable during an interview, you can stop the interview and find a member of the Strategic Communications staff to assist you.
- The Strategic Communications staff is here to help. The staff can provide a more detailed list of hints, conduct mock interviews, and assist with interview preparation.
- Expect to be asked the same question repeatedly. It can become extremely irritating to have to answer the same question over and over. Learn to be patient and remain polite while answering a question that has already been asked.
- Always thank the reporter for their coverage and that you appreciate them for covering the program. It's a small gesture, but it goes a very long way.

Never show anger or irritation to the media. Remain calm, be polite and smile. Good media relationships are key in helping to establish a positive public image for a lifetime. Remember, members of the media vote often for various post-season awards, therefore learn to develop positive relationships with them.

ATHLETICS FACILITY USE POLICY

The Tulane Athletics facility use policy applies to all Tulane Athletics buildings:

Facility use is restricted to supervised team activity (practice, competition, coordinated activity); official strength and conditioning programs; rehabilitation/athletics training programs; and voluntary sport-related activity. Any other usage must be coordinated by the Associate Athletic Director of Facilities. This includes "pickup" play that involves the participation of nonstudent-athletes.

Athletics facilities may not be used for:

- Coaching or teaching private or group lessons for pay or for free
- Recreational play
- Unauthorized activities by student-athletes

- Unauthorized activities by outside users

Card access to athletics facilities is provided by Card Services located in the Lavin-Bernick Center. Any issues with accessing via entry points and/or locker rooms should be brought to the attention of a team coach or director of operations who will then relay the information to the Director of Facilities for correction or modification. The propping of doors and/or gates is strictly prohibited.

All student-athletes and other users of Tulane Athletics facilities must adhere to this policy. Violators are subject to suspension and/or termination of facility privileges.

DONATIONS, AUTOGRAPHS, AND APPEARANCE REQUESTS

Occasionally, student-athletes receive requests from the public for memorabilia donations, equipment donations. Autograph pictures, public appearances, and the like.

If and when this occurs, contact the Director of Marketing at Tulane Athletics before fulfilling the requests. Additional information may be needed from the requestor, and/or paperwork may need to be completed by the requestor. Under no circumstance shall a student-athlete fulfill any request without speaking with the Director of Marketing first. For more information about this issue, call (504) 314-7215.

TULANE ATHLETICS SEXUAL MISCONDUCT POLICY

Sexual misconduct violates the core values of Tulane Athletics, including our commitment to equal opportunity, equity, and inclusion. Sexual misconduct includes but is not limited to intimate partner violence, sexual harassment, or sexual violence. Tulane Athletics is committed to creating and maintaining a campus environment where all individuals are treated with respect and dignity and where all are free to participate in a lively exchange of ideas. Each student and employee, regardless of sex, sexual orientation, gender identity, and gender expression, has the right to an environment free of sexual and other forms of harassment and discrimination.

Discrimination and sexual harassment are violations of Tulane's Student Conduct Code and Tulane policies. Any violation of these policies will result in disciplinary action.
Students, please review the full policies within the Student Code of Conduct for further information. Employees, please review the full policies within the Tulane Employee Handbook for further information. Additional information can be found on the Tulane All In portal for Title IX.

STUDENT GRIEVANCE POLICY

Grievance procedures are available to all officially registered Tulane University students who allege discrimination based on race, sex, color, religion, national/ethnic origin, citizenship, marital status, sexual orientation, age, disability, or veteran status. Any officially registered university student has the right to express a grievance without fear of loss of position or status.

Students at Tulane University may report a concern or complaint regarding any area of academic or student life without fear of coercion, harassment, intimidation, or reprisal from the university or any of its employees. Student concerns should be resolved at the lowest possible university unit that has the authority to act as quickly as practicable.

Students also have the right to expect a timely response to any complaint. Every effort should be made to resolve matters fairly and promptly, usually within thirty (30) days of reporting. If

additional follow-up and investigation is warranted, every effort will be made to resolve matters within sixty (60) days of reporting.

Because no single process can serve the wide range of possible complaints, Tulane provides specific processes for responding to certain kinds of student complaints.

Where university policy provides a specific complaint or grievance procedure, an aggrieved student should use that procedure.

As a general guide that contains Tulane University policies and procedures, students should use The Student Guide of Policies, Procedures, and Resources, found here.

The following are some examples of established procedures for specific types of student complaints and can be found in the Student Guide:

- Academic Conduct Process
- Grades and other Academic Complaints Procedures
- Family Education Rights and Privacy Act
- Equity and Harassment
- Student Conduct Process

Students, staff, or faculty of Tulane University may report a concern or complaint that is not specifically identified in the Student Guide or another policy either by calling the Office of the Vice President for Student Affairs at (504) 314-2188 or by submitting a complaint form.

Any student who is alleging discrimination should be sure to keep the Office of Institutional Equity informed at each level of the grievance procedure.

The affirmative action officer will participate as mediator and adviser in any cases involving complaints about possible violations of affirmative action/equal employment opportunity in the University. As part of the monitoring responsibility of that office, the affirmative action officer will keep detailed written records of all transactions involving a grievance case.